

Mission Statement

Our Mission is to **Promote Self-Esteem** and Recognition to All Talents with **Equal Opportunity** and without any Discrimination

OUR

Our Mandate is to treat all Talents of all ages, gender, level of ability and expertise equally

PROMOTING SELF-ESTEEM

& RECOGNITION







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Terrah Parson







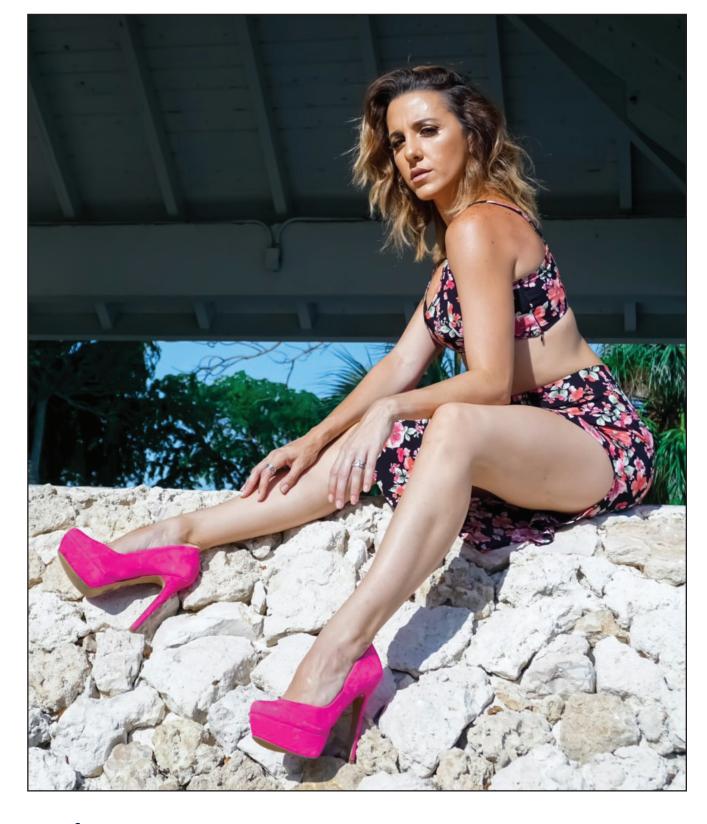




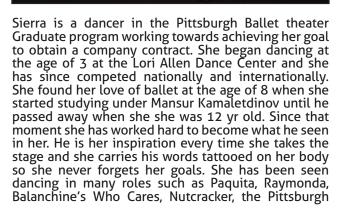




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Steelers fashion show and many more. Sierra is also a dance teacher for the Thomas Studio Dance Studio in Pittsburgh where she works hard to instill the love of Ballet into a younger generation.

Achievements: The Pittsburgh Ballet Theater - pbt.org

Thomas Dance Center - Thethomasdance.com This is where sierra currently teaches and builds ever lasting relationships with each child that enters her

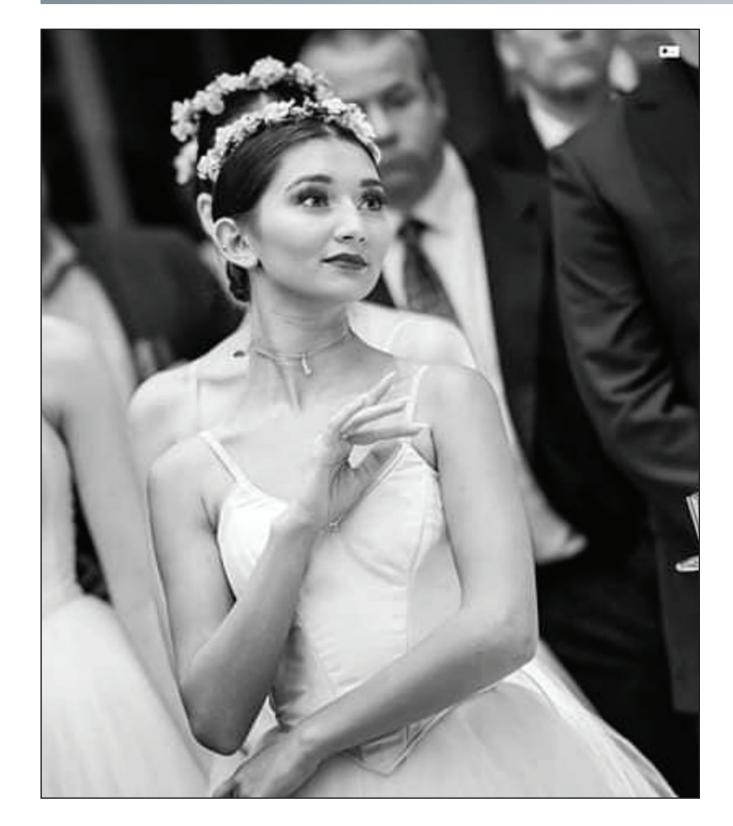
Photographer Clear MDphotographydancers shadow photography,

I am a 38 year old dancer, teacher, business owner, mom, wife, daughter, mentor and more. Throughout my life I've always sought out to achieve every goal I've ever put in my path. From making a career out of my passion to getting an education and opening up my own dance studio. I've been teaching for 15 years in the MDCPS system where I have built my dance program from the ground up. I've also managed to get married and open my studio all in the same year (5 years ago in 2015). Meanwhile dancing professionally Meanwhile dancing professionally for the past about 15 years I was offered to tour in 2015 as well. I took the opportunity with the indicate of the state of the offered to tour in 2015 as well.

I took the opportunity with the support of my husband and schools

The past about 13 years was place 15 years place 15 years worlds in 2016 with our specified and fitness. Something I didn't do before. Feeling great and inspired team 3 out of the 5 years!

5 years since 2015. We won 1st place (gold medal) our first year at worlds in 2016 with our adult hip hop team. I have competed with my









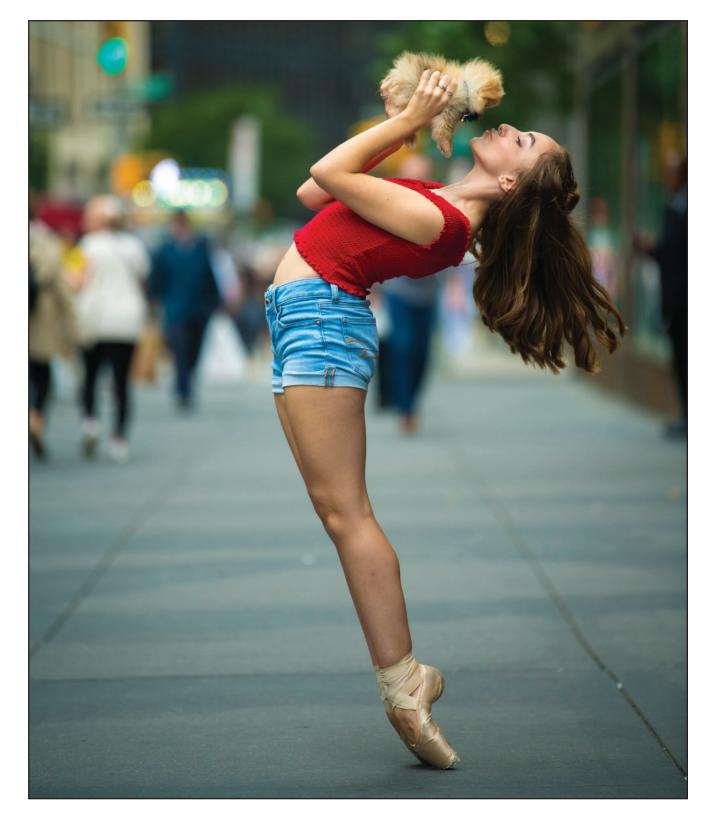


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Photographer Jordan Matter Photography

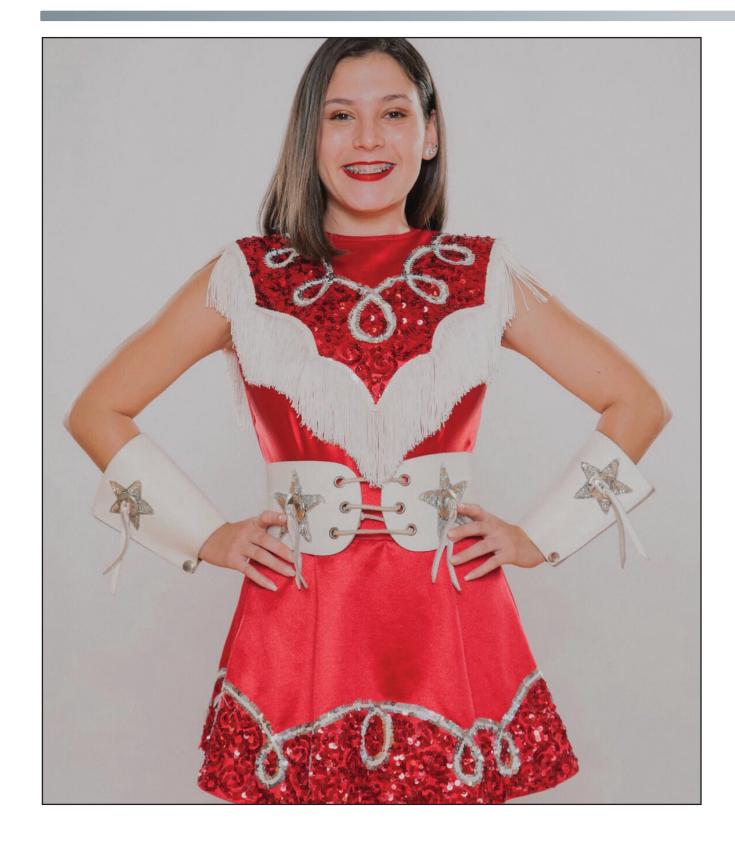
Shelby Collette

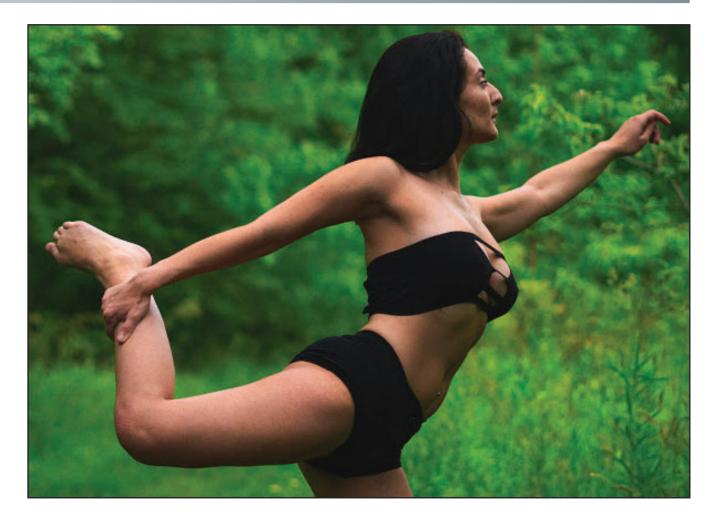




Ajanay Turner is 16 year old Jr at Camden High school were she is the co captain if the majority dance team she is also a cheerleader. Ajanay have been dancing since she was 6 years old she started out dancing with a inter city team called the Camden Sophisticated Sister under the direction of Tawanda Green Jones. She also praise dance at church. Ajanay have opened her own on line business named A&T Fashion. She is a very hardworking determined woman she have always want

Alexia Sullivan

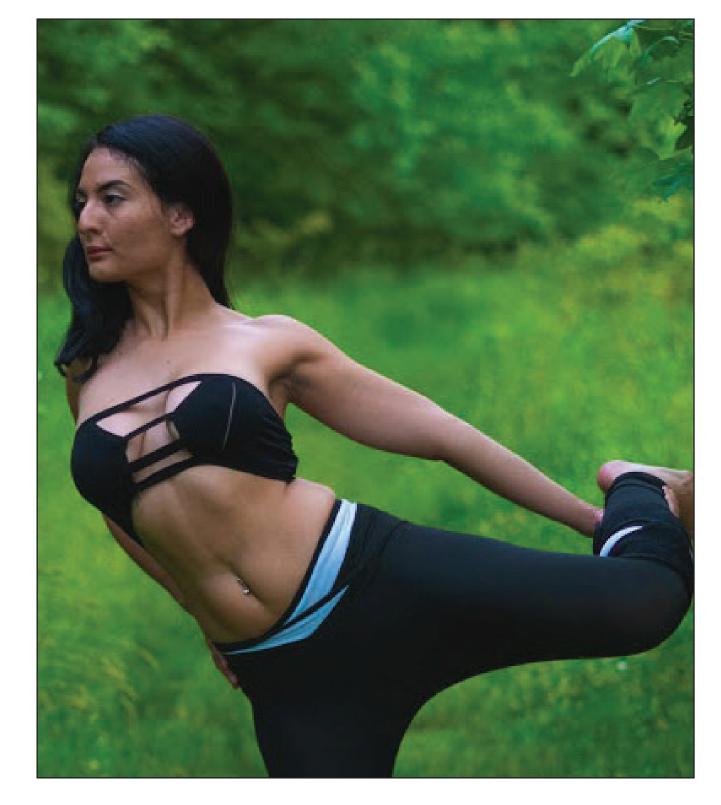


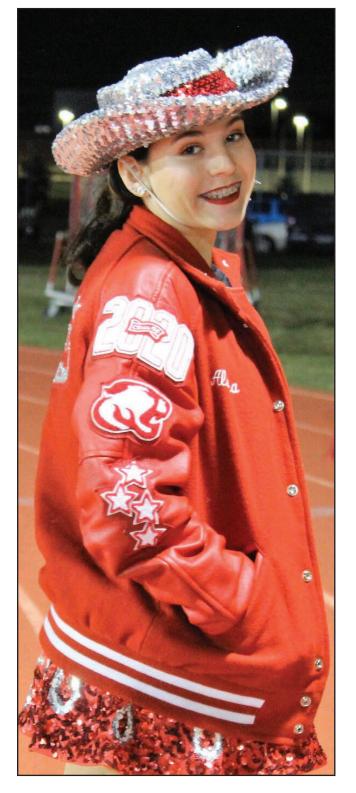




My name is Sara and I'm from Silver Spring Maryland. I've been dancing at a young age, but took it more seriously when I started high school. I was in the performing arts program and my teacher who molded the dancer I am today is Danielle D'anna. Styles of dances I know are ballet, salsa, contemporary, jazz, heel/street jazz, latin, modern, hip hop and more. I've been teaching dance for six years now and I've taught ages 3-18. I have been in my dance company for Montgomery college and now I'm a gogo dancer for gogo chronicles in DC. I still have a lot I want to achieve. I hope to become a backup dancer and run my own dance studio in the future.

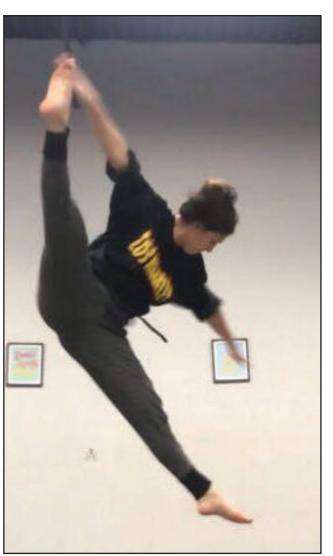






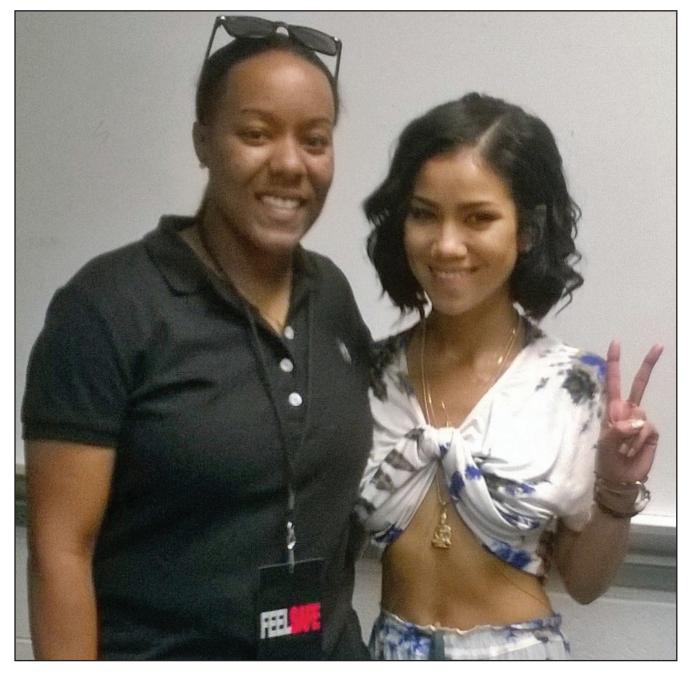
My name is Alexia, most people call me Lexi. I'm a senior graduating already with honors. I've been dancing for about 6 years on teams and in studios. I worked as a dance teacher as well when I was 16. My goal and dream is to one day open up my own dance studio and teach young kids and even older ones the amazing things about dance. I've been awarded dance ribbons from camps, most achieved award, most accomplished new member award and even directors choice.

Achievements: My team is named the Cougar Stars. We were established about 50 years ago. We are award winning champions as well. My studio is named Crosby Dance Academy. They are new and have been around for about 2-3 years.



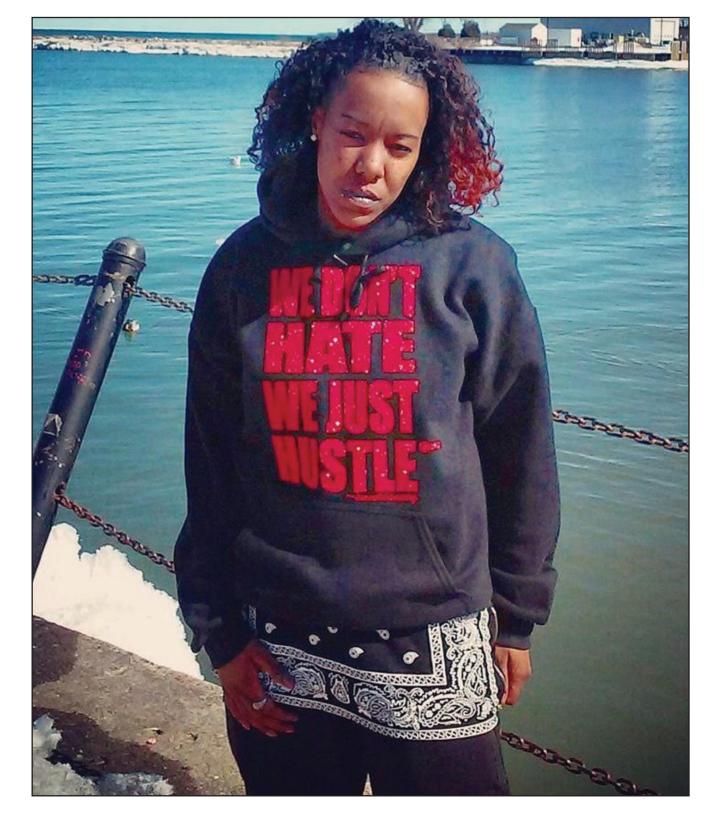
Aria Breunig

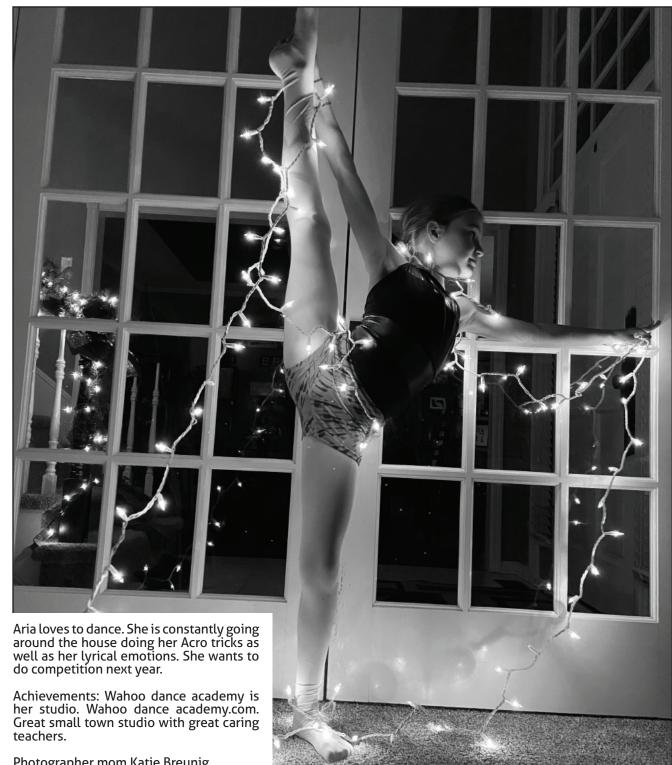




I'm here to achieve what God has called me to do. My best days are ahead of me and i will make a big difference in the world of dance. I oftened found myself saying, it may have been to late for me to pursue my dreams, but there is a great God I serve that tells me different. My goal is to achieve every dance opportunity there will be for me. I will bring joy to myself and the world through my dance because I believe through patients

in practicing your creativity will bring out the best in you. I would like to open my own dance studio this time this year and my prayer is to become a star while doing so. There's time in everything you do in the world but there's joy in everything you do as well. I would like to thank IDance Magazine for illustrating me in your magazine, it's a blessing to become a dancer icon for my generation.





Photographer mom Katie Breunig



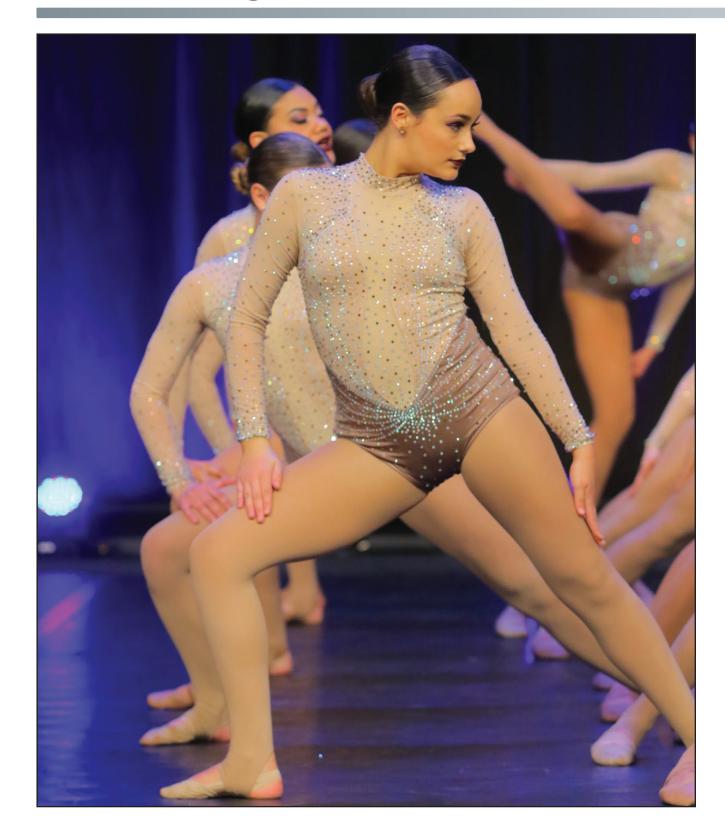
Marissa is an upcoming Junior in high school with a plan to pursue a degree in nursing. This will be her 3rd year on Varsity poms and is coming off of a recording breaking year for their team. For their 2019-2020 season, her poms team achieved the following: 2019 League Grand Champions 2019 State Champions 2020 2 Time National Finalist ending with a 3rd place finish in Jazz and a 4th place finish in Game Day in the nation. She was also a 2019 Jazz National finalist in her freshman year.

Marissa is continuing to focus on her academics and her dance education both in the dance studio and with poms to help prepare her for college auditions, where she hopes to continue her love of dance while seeking a college degree.

Photographer Tanja Butler Malone



Marissa Madigan

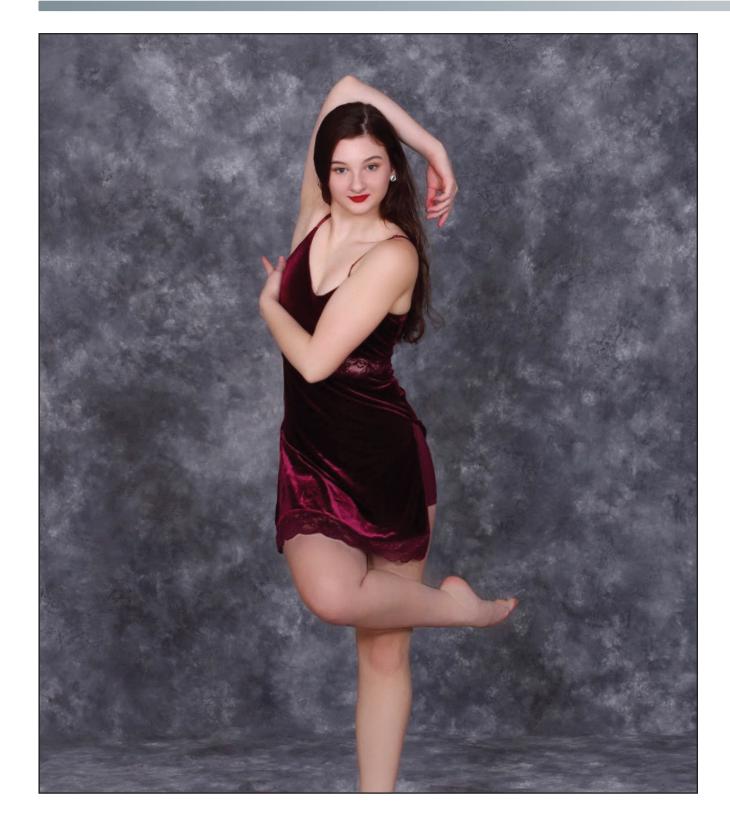




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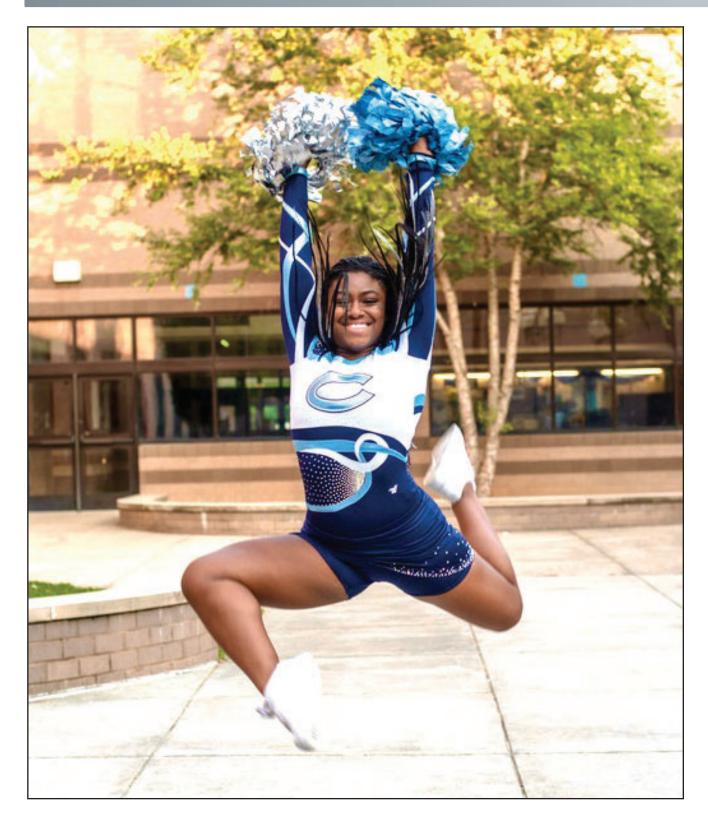
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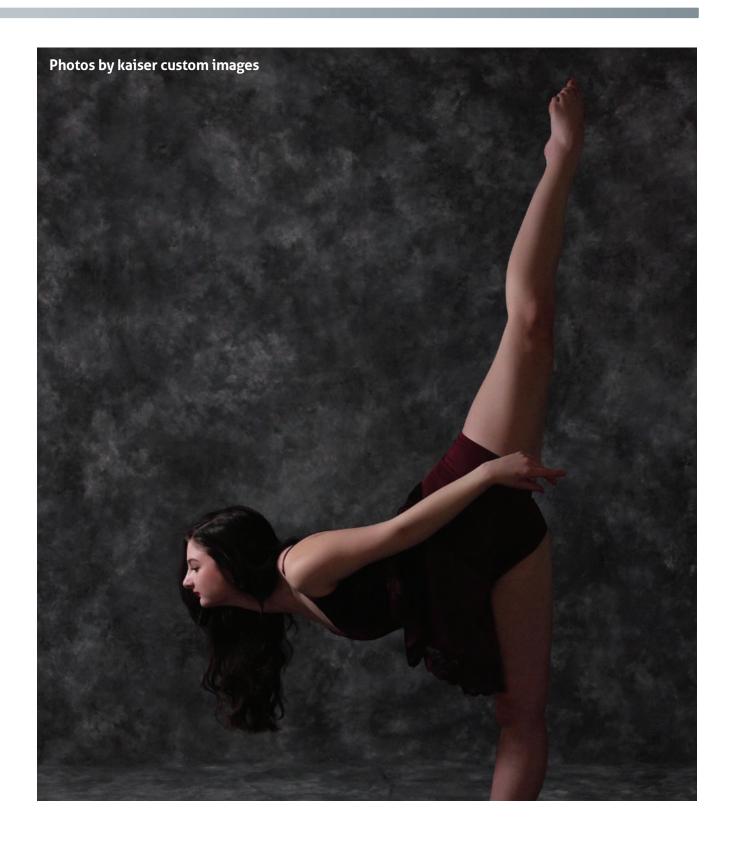
Autumn Albert





Lanae Noland





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Through competitive dance I've learned that I am given critiques to improve whether it is dance wise or in school, NOT because they are trying to hurt my feelings.

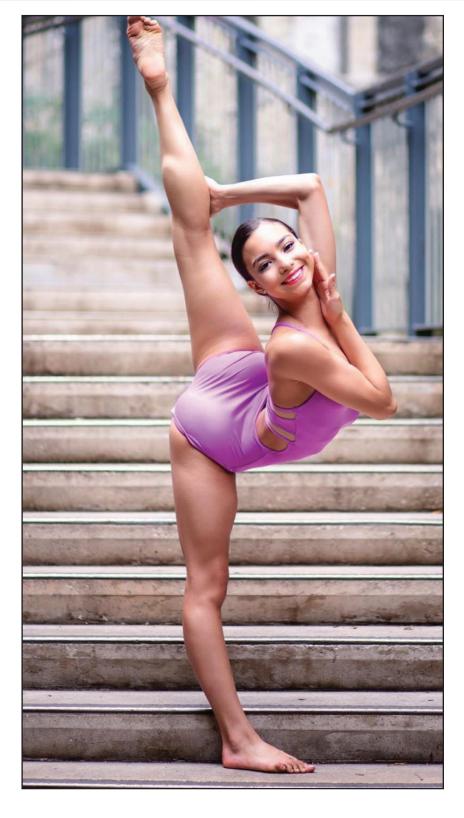
In five years, I want to be busy working... not because I want to come across as successful or have something to post about, but because I think it would be ideal to be able to do what I love all the time. To dance in a company or teach at a dance convention and enjoy life will forever be a goal of mine. I hope to continue to pursue my dreams whilst helping others as it is a known enhancer of quality of life. I want to mentor and give back to others. To be a genuine human being, who is humble, inspiring, great with kids, great dancer, great teacher, and a role model for all is everything I want to be in life. I work to fulfill those values of mine everyday.

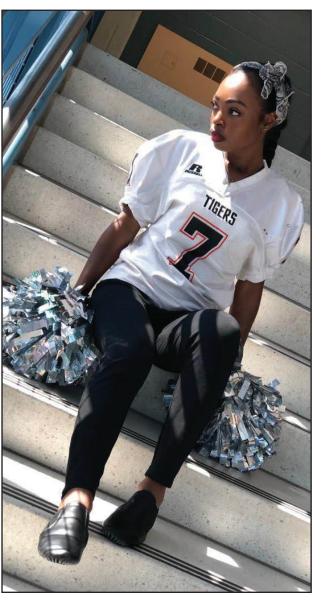
I genuinely want to pursue dance as a career. As I am approaching my senior year of high school I am really hoping it works out because as much as I love school, I want to dance, choreograph, and teach no matter the style or where. I believe that gaining connections allows me to gain information on the processes, first-hand experience, and the incentive to go after my dreams in my specific interests. I choose to surround myself with positive and encouraging individuals and strive to be a leader in the nicest, most humble way possible.



Dancing in general gives us many health and fitness, discipline, and social interaction benefits, competitive dance takes this to a whole other level! I have always very much loved to perform at competitions. It gives all the hours of training more purpose and I have always enjoyed to watch people who were better than I was. I think that there is no better training than a good competition, they provide an enriching experience that aid in my character, teach me valuable life lessons, expose me to other influences, drive my standards up, get personalized critiques from credible people, AND opportunities. Along with that, you have to be extremely disciplined, focused, and consistent... these being extremely important qualities to have as a dancer, these are all values that come in handy outside of dance as well. By competing you develop an awesome work ethic while learning how to work as a team. Not do all these benefits allow for personal growth to each and every dancer who attends, but these opportunities and blessings are presented all in one weekend!

More importantly, I compete is because it aids in my character. I could get as much experience as I needed, but without learning the importance of failing gracefully-something that will benefit me for the rest of my life then I haven't learned the most important lesson in my eyes, to be humble, and I am grateful to say that competitive dance has taught me some of the most valuable life lessons. They teach me the importance of learning to fail gracefully and lessons of having humility when I succeed. While we'd all like to win, the reality is that the dance world is getting tougher. Competitions force me to practice accepting rejection and criticism gracefully, which is something us dancers will have to face a lot in our dance career. By knowing how to accept rejection and apply corrections I am able to apply these lessons to my day to day life.





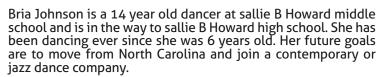


passionate about dancing and modeling. I do several genres of dancing but I'm more into Afro dance. This include Afro beat, Afro pop, cultural dance, etc. I mostly promote myself on instagram and used to dance for my High School as a dance captain. I was so much into discovering my talents in dance that I joined the poms team. I felt I could do, went for tryouts and I made the Today, I am awarded as the most

I am Ayisatu Olayinka, and I'm cut. I wasn't perfect, I wasn't flexible like most of them, I couldn't do a lot of things they could do but that never discouraged me. We've been to several competitions and we've dancer that wasn't that perfect, passionate about it. still I improved by even making choreographies for the poms team

improved dancer in my team. Nevertheless that never stopped me from doing my African dance I was doing both and that was hard and interesting journey. Because always won first and or second I spent time dancing and never place. I was considered as an Afro had the chance to model but I was

> Achievements: @prancingtigerettes @duvalAsa @ayisatuolayinka



Achievements: Bria dances with the sallie B Howard dance department they range from 2-10th graders. They are located in Wilson NC. They can be reached on Instagram at sbhdance.

Photographer Brandon Johnson





to move their body and create to a piece of music. In and outside of the studio, dance motivates me to fulfill In and outside of the studio, dance motivates me to fulfill a new pair of shoes every day. I am always yearning to make myself active and a part of a community where I can help others. I feel as if I gained that characteristic from the arts. Dance has positively impacted me and allowed me to positively impact others. The joy it brings me when I can share my knowledge of dance to others and see a smile on their face is so rewarding. Leadership is a quality that dance has instilled within me. I plan on influencing others by leading as an example because,

I believe it starts with one person. Taking action and integrating the beauty of various activities such as exercise, meditation, nature, and having a lifestyle that incorporates healthy eating will allow my community to observe and be cautious about what they do with their bodies and the way they utilize their time. Putting my attention to activities and sharing it for others to see will allow my community to be mindful and will have the potential to shift their perspective and appreciate the beauty that is noticeable in the world.









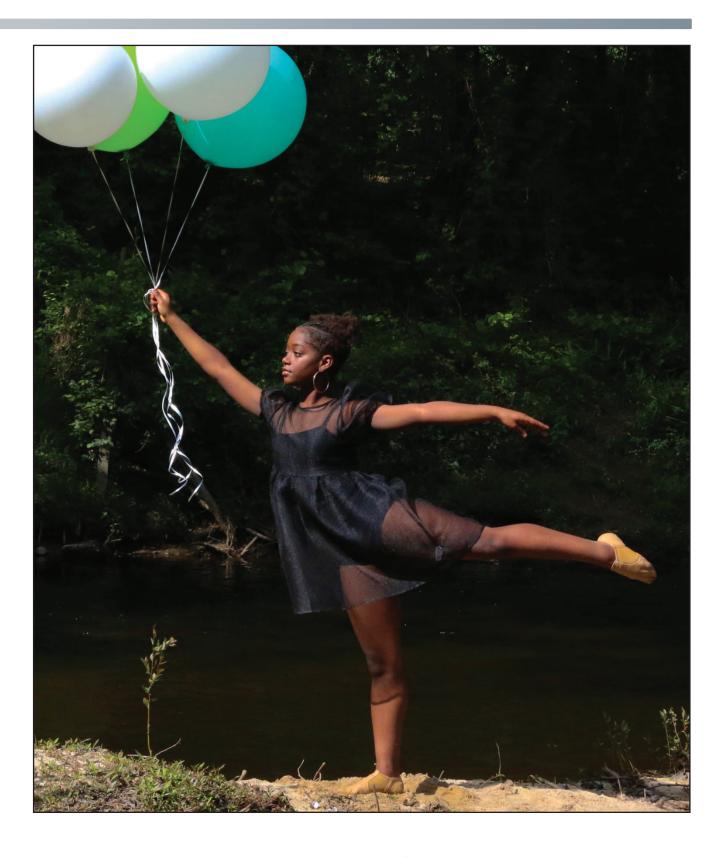
as long as I can remember. I have been tapping my little tap shoes to the beat from when I was three years old. I can recall the feeling of joy. I had nothing but a smile on my face. The pleasure it still brings me today is indescribable. Dance is my first true love. It has molded me and shaped me into the person I am today. Not only did it teach me rhythm and how to count off a beat, but it has also shifted my perspective about life. Dance also

everything I come in contact with. It has influenced the way I express gratitude with every step I take and the things that I choose to hold

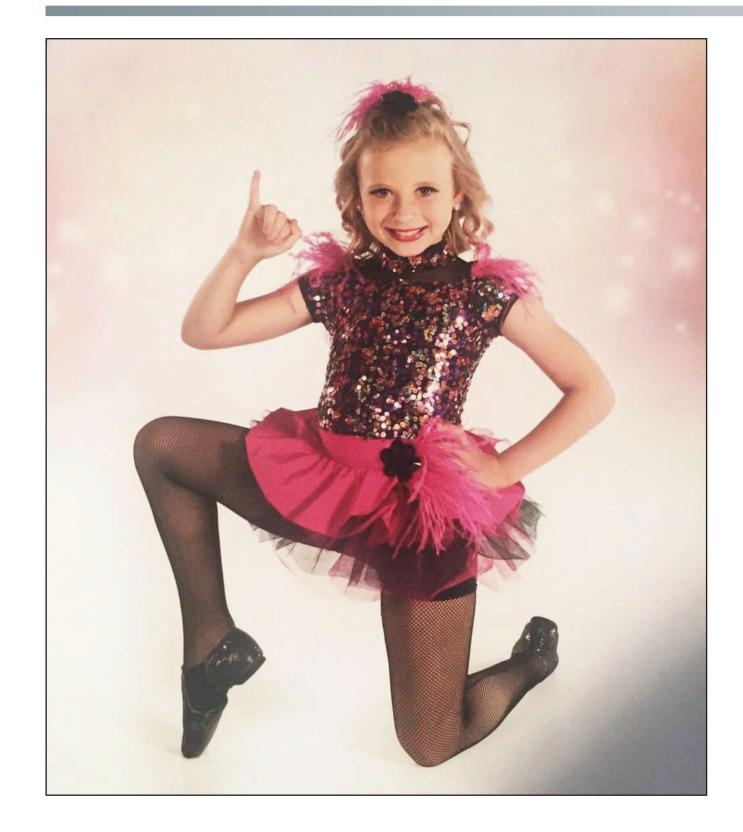
close to my heart.
Dance is my remedy. It allows me to tune in with my emotions and express them. Dance has multiple genres and with each genre I am able to find an outlet to portray

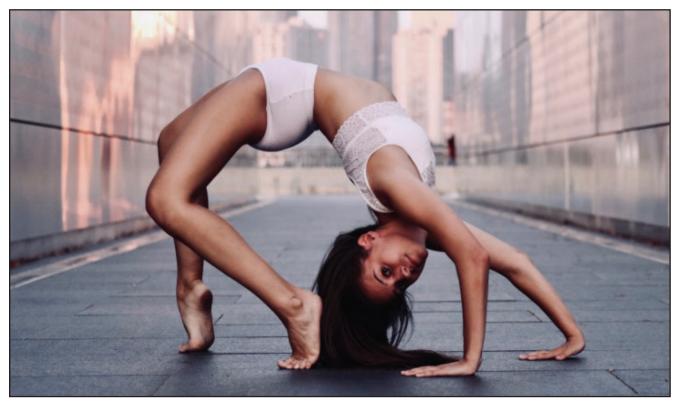
Dance has been a part of my life for allows me to find the beauty in I accomplish them, I stand proud. There is nothing that fills my heart more than to have the opportunity to inspire someone else. Whether it is someone on the dance floor or an audience member, there is no better feeling than to be able to allow someone to see or feel something they never knew they could. Dance has always been my drive because it allows me to be experimental and different personalities. When I train in dance, I aim to achieve the goals that I set for myself and when training the different personalities. When I to display. There are an infinite amount of ways for one to be able





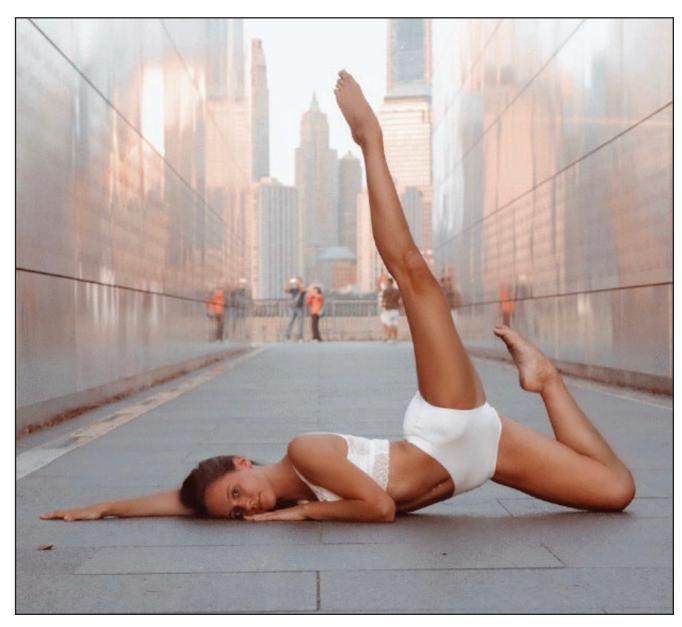
Brynne Varner











so many people. She wants to show music video. She has won multiple the world and share her passion with everyone. Her challenges are her mental health. She struggles with depression, anxiety, and ocd. In this world make my daughter so happy and excited to finally be seen as a true person and not just someone in the back corner. I have seen her struggling and it's really sad. But, when she's dancing you see a new kid. She truly loves is called Zodiacs Dance Academy.

My dancers dream is to be seen. To be known as the great dancer she is. She has been broken down by what she does. She's always wanted to model in a dance magazine. She has been broken down by has been a back up dancer in a the floor. But, we work so so hard

to be perfect and our teachers really inspire us with their passion. They are located in Oak Ridge, New Jersey. (www.zodiacsathletics.com).

Photographer Gabbie Feil



lyrical, tap, ballet, hip hop. Brynne has been competing for 3 years now and won numerous group awards as well as a solo award. Last year she did a solo in remembrance of her father who passed when she was 3. It was a beautiful lyrical.

Brynne aspires one day to become a Raiderette at our local high school while teaching dance and later after high school she hopes to have her own studio...she's 9 Photographer Kim Smith

Brynne has been dancing her toes off since she was 4 years old. She is very well diverse from jazz to acro, and bright and her dancing is entertaining, thoughtful, beautiful and soulful!

Achievements: Odell's dance center is an amazing studio that has been open for 61 years. Many generations of dancers have came and gone through the studio including our owner, Mandi Herzog! She is amazing and

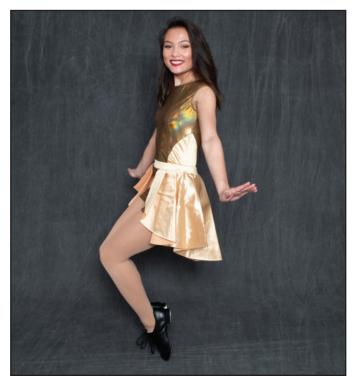






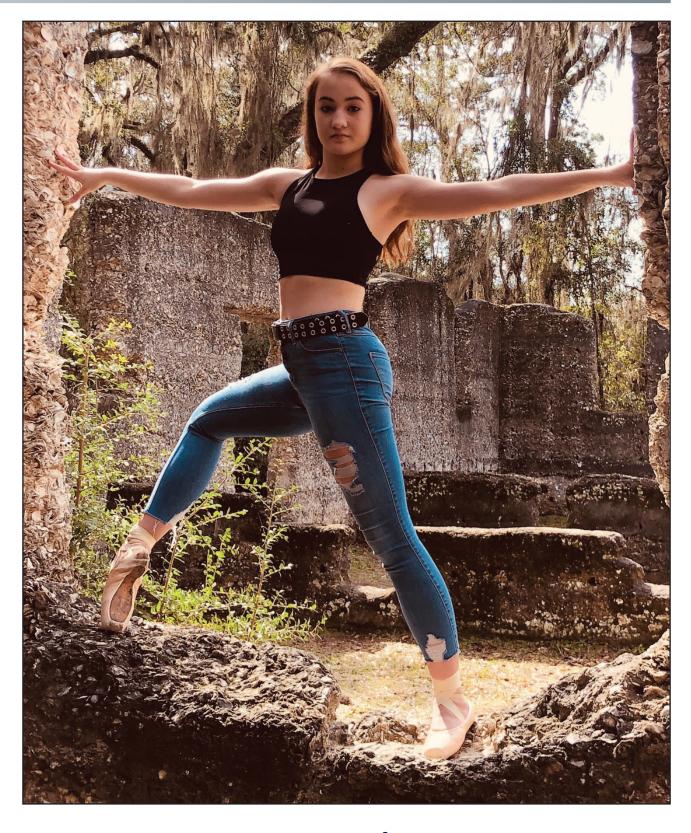


Cheyenne Sandoval







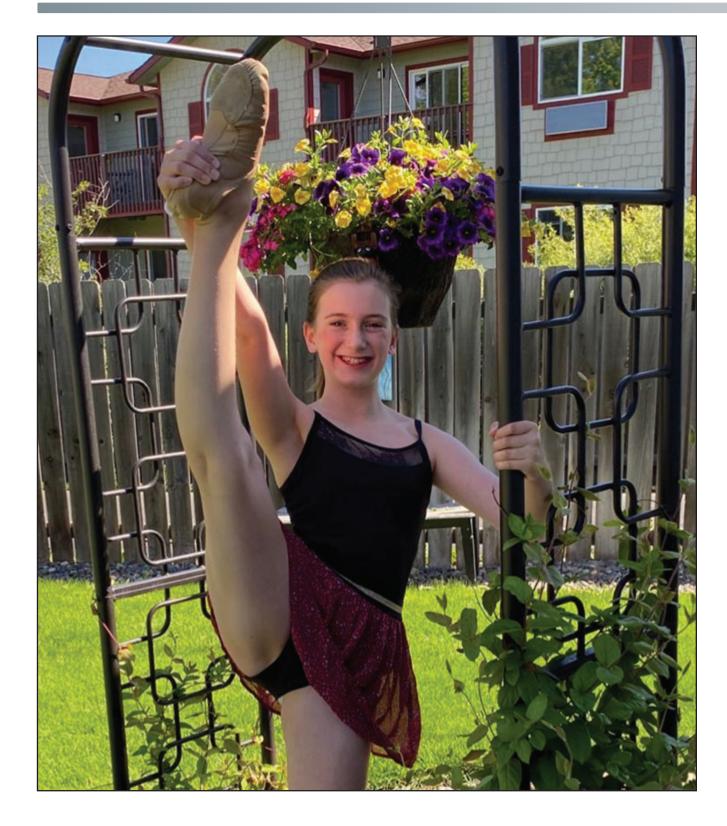






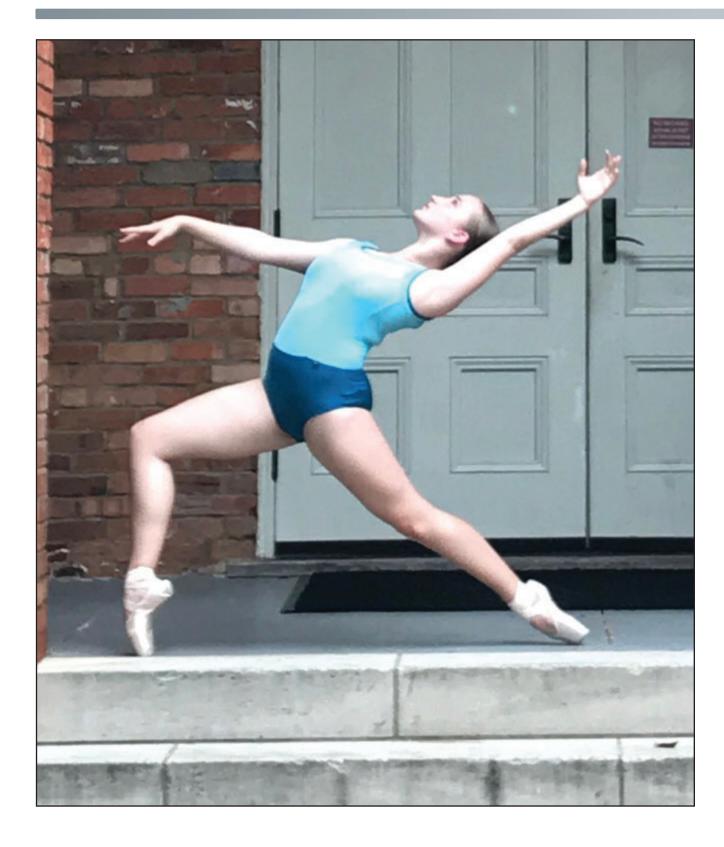


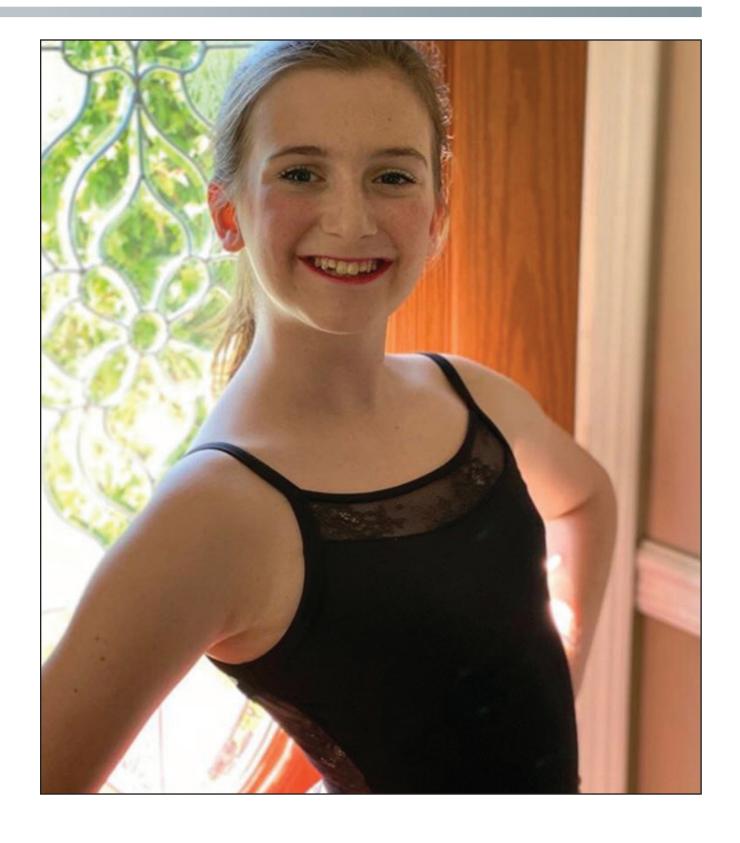
Chloe OLoughlin





Julia Henderson





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Danielle Dougherty

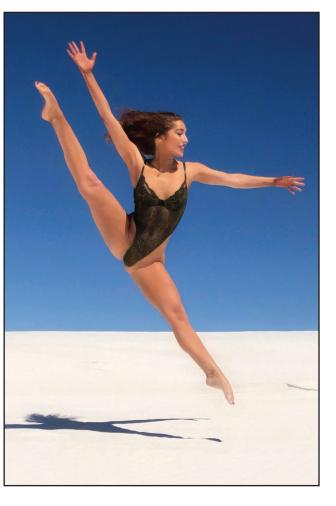
My name is Danielle Dougherty, I am 22 years old, and I am from Los Angeles, CA. I started dancing competitively at 6 years old. The first time I took the stage I fell in love with the art. I attended all the major competitions and conventions, winning scholarships from Nuvo, Jump, Hollywood Vibe, KAR, Hall of Fame, Tremaine, NYCDA, and more. By the time I was just 13 years old, I started having severe pain in my right hip. I had seen numerous doctors and chiropractors that had all told me what I was experiencing was either overuse or growing pains. Their solution was always, "take two weeks off of dance." That never failed to frustrate me because I knew in my heart that something was majorly wrong. The

increase each month significantly. Fast forward two years and the compensation patters and bad habits I formed from my hip now caused a bulging disc in my spine.
At this point, walking was a chore
and I needed crutches to move
around my house. I then went to a hip specialist where he performed multiple tests including an MRI with dye injections. He discovered that I had 7 labrum tears. He explained that I had extra bone on the top of my femur head that would grind on the pelvic wall every time I lifted my leg up. This constant grinding led to the labrum tears. My doctor prescribed an arthroscopic surgery where he would shave down the extra bone and repair The 7 areas of

pain was relentless and seemed to torn labrum. His recovery time was one full year. That was devastating to me because as dancers, we need consistent training. The studio is where I'm happiest and the fact that that was being ripped away from me was terrifying. A full year without competing seemed like a lifetime. This surgery, however, was the only way I would be able to dance again, so of course I wanted to do it.

I remember the day of my surgery like it was yesterday. I was relieved yet scared at the same time. It seemed like a tornado of emotions. I couldn't have done it without all of the love and support I received from my studio. I spent three full weeks in bed. Even though my right leg was completely numb, I noticed









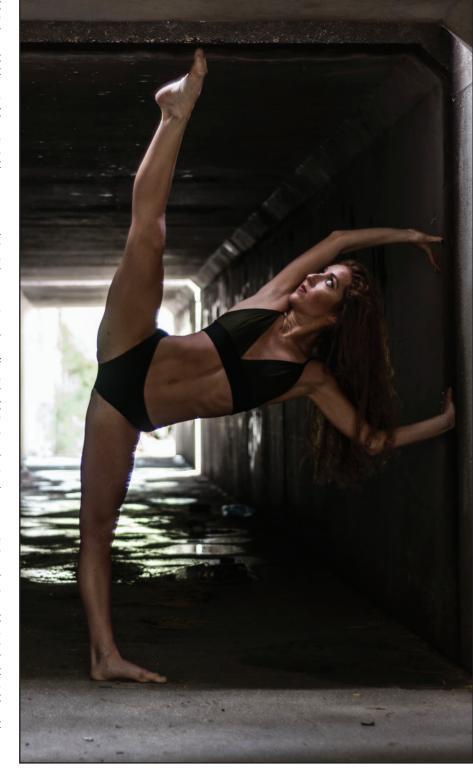


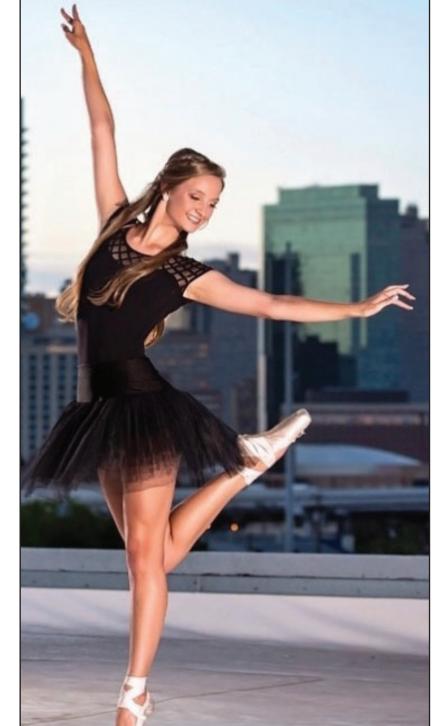




that the pain from my bulging disc had vanished! This gave me hope. I started physical therapy on the fourth week. The pain was incredible and the amount was incredible and the amount of muscle atrophy in my right leg was shocking. I wanted to add Pilates privates into my physical therapy training to gain strength and length. I quickly fell in love with Pilates and started taking two privates each week. I noticed significant changes in my body in such a short amount of time, which was the confidence boost I needed! needed!

Only 6 months later, I feel better, stronger, and more balanced than ever, and was better, stronger, and more balanced than ever, and was ready to dance again. My doctor was hesitant, but realized I had a great awareness and understanding of my body, so he gave me the green light. I started slow at the studio, only doing what I could and tried to be as patient with myself as possible. My happiness was back and I had an even greater appreciation for dance. Having to take a step back from dance allowed me to assess my goals and set up a career plan. I am proud to say, I am on that career path now. I was accepted into the University of Arizona School of Dance where I graduated in three years with a minor in Nutrition and certification in Pilates! I am teaching Pilates full time and couldn't be more fulfilled. Getting to watch my clients make the major improvements in their body like I did is indescribably rewarding. I am signed with Go 2 Talent Agency in Los Angeles as well, living the freelance dancer life and absolutely loving it! My advice to young dancers is that no matter what the injury is, you will always come out of it stronger, healthier, and wiser. You just have to have the right mindset—be patient and kind You just have to have the right mindset—be patient and kind to your body.







Hi! I am a 21 year old Senior at Stephen F. Austin State University. I am majoring dance education & have hope to go on to pursue a career as a dance therapist. I have been dancing since I was 3 years old, for 18 years! I grew up dancing at Bruce Lea Dance Factory in Fort Worth, Texas & became a part of the competition team at 8 years old. I am currently a part of Dancers Against Cancer at my University & hope to audition for our dance company this fall! Dance has been a huge part of my life & I have loved every part of it.

Achievements: I have dance at Bruce Lea Dance Factory in Fort Worth, Texas for 18 years. We have many national titles & a few of which I had the honor to be in! Website: https://bruceleadance.com/

Photographer Kerri Brookins Photography



I am a dancer from Paterson NJ. Growing up in an inner it doesn't matter where you come from it's all about city it was hard to pursue my dance career my parents couldn't afford to pay for a private dance school so I had to learn and train through videos. I went to a performing arts high school in Paterson NJ where I pursued my dancer career under the direction of Erin Pride. I was also in the dance programs company as well as the Inner City Ensemble dance company under the direction of Nichols Rodriguez. My biggest challenge had to be starting my technique training at the age of 14 I always felt like I wasn't as good as the other dancers, but I worked hard everyday to become better. My goal in life is inspire others and let people know that

Achievements: Rosa Parks Dance Company is a dance company for the high school dance program at Rosa Parks high school. Each student must audition and maintain good grades to be enrolled in the company and must have a positive attitude. We dance not only at our school but we have danced at the New Jersey High School Dance festival in Union City New Jersey.





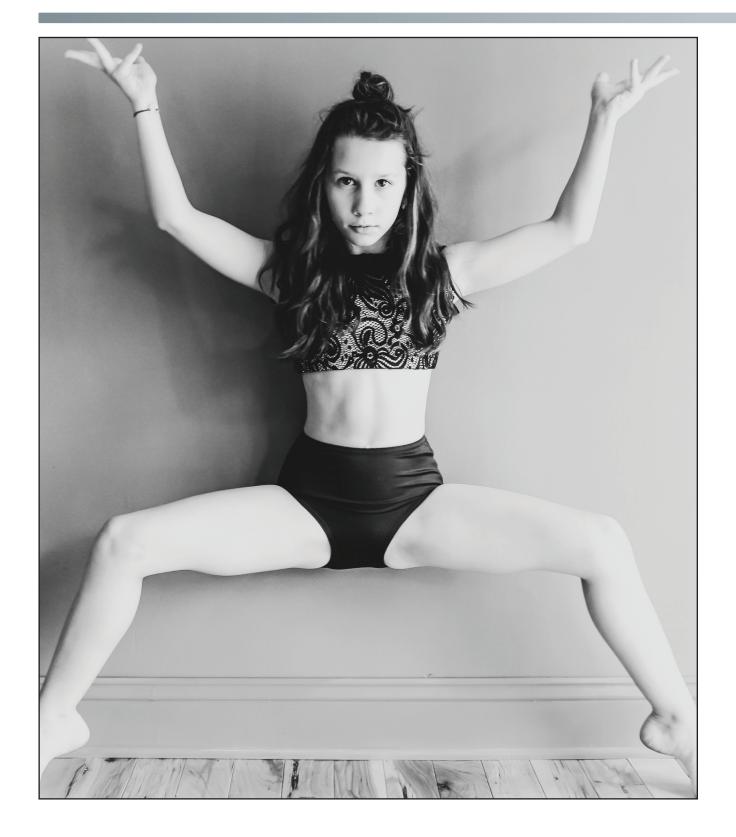
Imani Williams

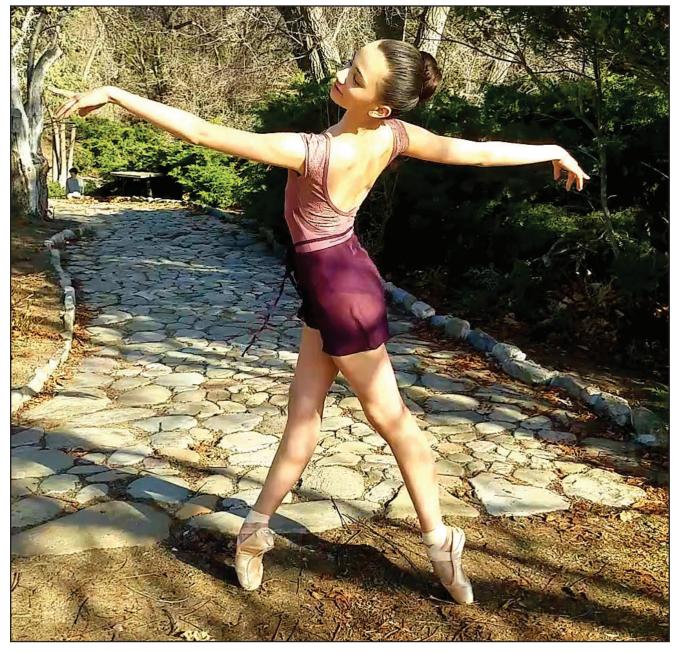






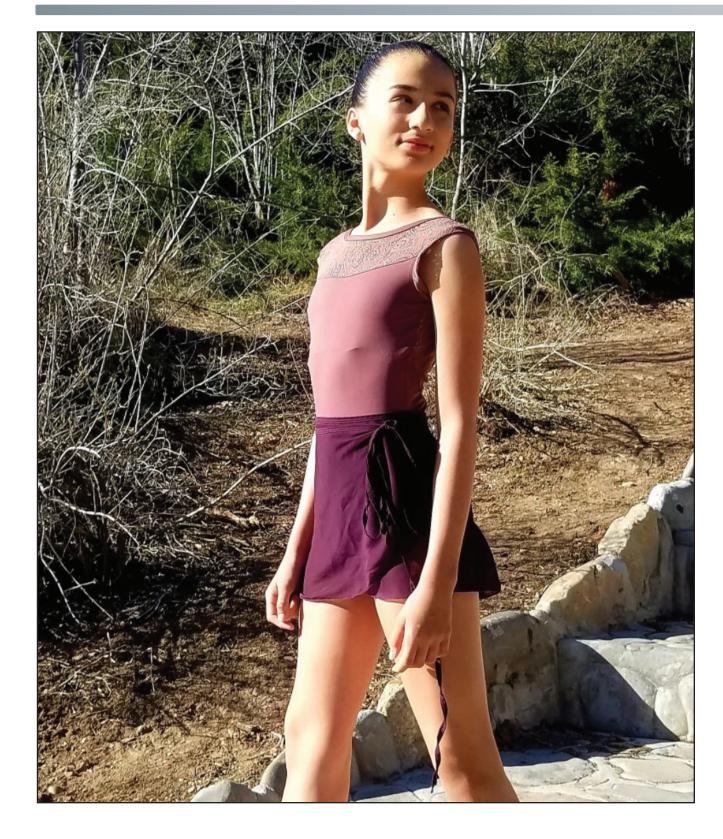
Esmae Stillman

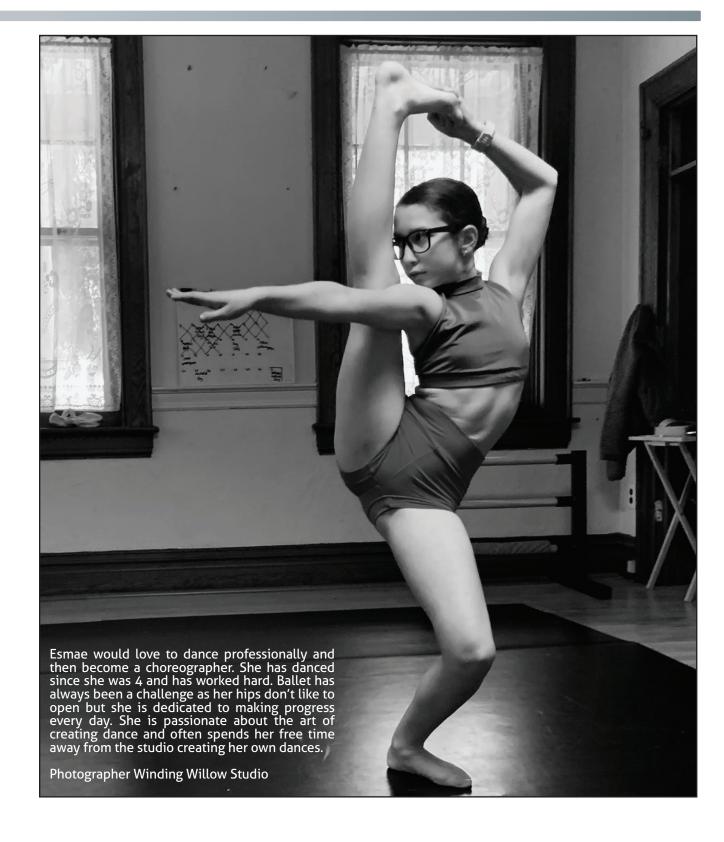




Hope has been doing classical ballet since she was three. She hopes to dance at either the royal ballet, american ballet theater or study at julliard one day. However, her ballet career thus far has been nothing but a challenge. Ballet itself is a challenge but Hope has struggled with some cyber bullying

Hope Ledkins





Gisselle Anais Quinones



Gisselle started gymnastics at the age of 2 and seriously loved it. One day her friend was telling her sbout her dance team and she wanted to check it out. We went she fell in love with all if it and hasn't turned back since. She works hard on her creft since. She works hard on her craft,

Achievements: We started at Brandon school of dance Arts 5 years ago, with a basic combo dance class. She loved it so much, she wanted to try out for team. She did so great, and loved it so much we haven't left.

