

Mission Statement

Our Mission is to Promote Self-Esteem and Recognition to All Talents with **Equal Opportunity** and without any Discrimination

Our Mandate is to treat all Talents of all ages, gender, level of ability and expertise equally

OUR

MISSION

STATEMEN

PROMOTING SELF-ESTEEM & RECOGNITION

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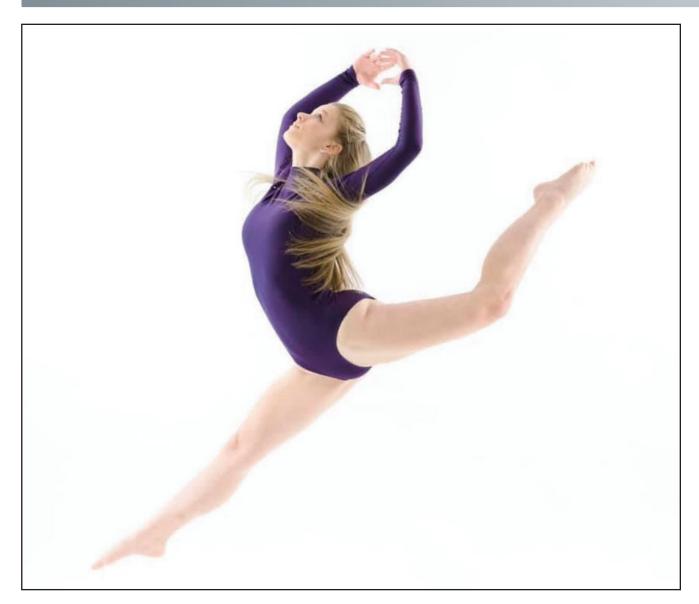


dance. I work hard and my goal isn't to be the best. It's to work hard and accomplish every goal I set for myself.The world is full of The Best Dancers I just want to be better than I was yesterday and to continue to push myself and be the best for me. I would love to explore the world of modeling as well and if I was able to model using dance that would be amazing. I lost my Grandmother two years ago to Scleroderma. She was my absolute biggest fan and I really do mean that. Losing her has been a struggle and for a moment I dance. I work hard and my goal been a struggle and for a moment I felt like I was losing myself. I thank god everyday that I found my safe place through Dance.Dance helped place through Dance.Dance helped me to let out my emotions and push through some of the hardest days of my life. I'm extremely grateful to be a dancer, to have found a love for something that can make you happy on your lowest days. So I would say my success story would be being so lucky to have found something at such a young age that



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Victoria Tavares



was blessed to earn this title for out of Charlotte and have been challenged every single day with

My name is Victoria TavaresI'm 16 years old and a 14 year competitive dancer at Tilleys Dance Academy in Statesville NC.I'm trained in Ballet/Pointe Jazz, Tap, Hip Hop, Lyrical and Contemporary. The style of dance I connect with the most is Contemporary. I currently compete at the Senior level in group dances as well as Solos. I'm also a pageant titleholder with the Carolina Dogwood Festival I'm the Carolina Dogwood Ambassador.I was blessed to earn this title for







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Adelynn Aument

Adelynn has been dancing since she was 2 ¹/₂ years old. We were enjoying a family day at Hershey Park, when we took in their Tap Revolution show. We were incredibly lucky to be seated in an area where the dancers came out into the audience, placed a box on the ground and proceeded to do a tap number in front of us. I had never seen Addie so focused on anything before. After the show she turned to me and said, "Mommy, that's what I want to do for life! Dance up on stage!" After that weekend I researched local dance studios that would work with such a young child. We found one and while they preferred to start them at 3 years of age, they agreed to give her a month try out. Within a week, she was officially signed up!

Since then Addie has been growing as a dancer each year. We switched studios when she was 5 as we could see this was really something she wanted to do with her life path and we found a more technically trained studio. And we've been at Pulse Dance Studio, Lititz, PA, since she was 5. It has been one of the best decisions we made to help her achieve her dreams of one day being Broadway Bound.

When she turned 7, Pulse offered an acting class, which Addie took to like a fish in water. This class really was the catalyst of her foray into acting. Shortly after the class she started auditioning for theater productions and got her first role in the ensemble in Lion King Jr. at the Ephrata Performing Arts Center. She did make it 3





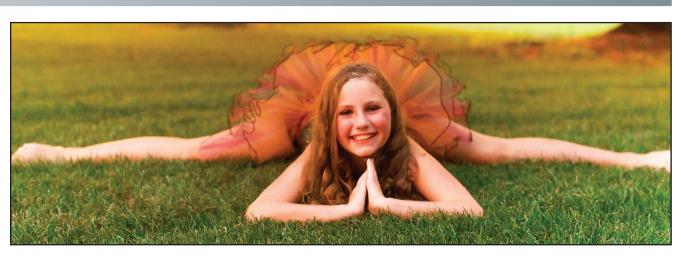
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Victoria Chiruta





rounds to the final cut for the Young Nala and in the end was cast in the ensemble. Which was perfect for her first role in a big theater production. Now at age 11, she has had the privilege of being a part of many local theater shows including, Joseph & the Amazing Technicolor Dreamcoat at Dutch Apple Dinner Theater, The Genie in Aladdin Kids for Creative Pursuits as well as a featured dancer and singer with many original cabarets with Creative Pursuits Studio. One of her favorite roles was playing a young Dolly Parton in a Dolly Parton Revue for Reji Woods Productions.

This summer she took another major step and took on the head role of Choreographer for Frozen Kids, again for Creative Pursuits Studio. She greatly enjoyed this creative outlet and working with the other kids to teach them the dances. After Frozen Kids, she had a main supporting role in Sister Act. Jr as Tina and also one of the nuns.

The Pandemic of course has brought many challenges to our performer but she has taken them head on. She continued to work on her dance technique with daily virtual classes with CLI Studios, provided by her own studio, Pulse. And she is now back in the studio fulltime 5 days a week with 11 classes and 2 private lessons for her solo and a duo routine for upcoming competitions, as well has her National Teen Company. During her time with company, they have won several competitions and even placed 2nd at Nationals with Tremaine. She is incredibly excited to take on convention and competitions in the coming Spring.

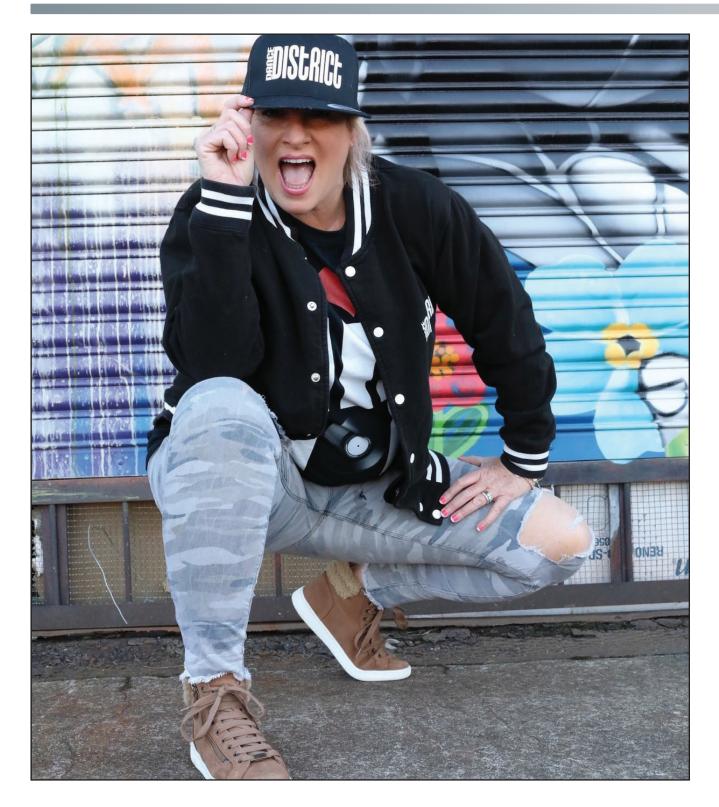
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Allison Lilly





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Temperance Rivera





Allison has been a choreographer, teacher and fitness professional in Charlotte for over 30 years. She is 55 years old and still sharing her love of dance with many back and shoulder that sidelined her for almost 2 years. She was now 43 and thought her dance career was over, but it wasn't. She was approached by the Y to bring back hip hop classes. The classes were immediately full again. Then, in 2013 she joined forces with NC Dance students in Charlotte. Allison fell in love with hip hop at a convention in California that she attended for fitness District. She became a choreographer for Project Full Out, a dance showcase, and began teaching weekly classes at Dance District to train dancers. Now, as she nears her 56th birthday, Allison is still in her early 20's. She immediately asked the YMCA if she could teach a hip hop class. She began by teaching music video classes. Classes were packed with 60+ people ready to dance. Allison began going to NY to train by taking classes with Culture Shock instructors teaching her hip hop classes, as well as her fitness and was inspired by the Culture Shock instructors she approached the Y about backing her to start a Charlotte hip hop troupe through the Y. That is when she started "YDance", a hip hop troupe of 300 dancers classes, and helping to train dancers with the same passion that she has always had. She is also still choreographing for Project Full Out and individual clients. She will tell you that she is so thankful that God that performed between 1997-2005 at UNCC 49er games, Bobcat games, special events and opened up for allows her to keep dancing and that she will keep going as long as He allows. Kirk Franklin. In 2005, Allison had some injuries to her

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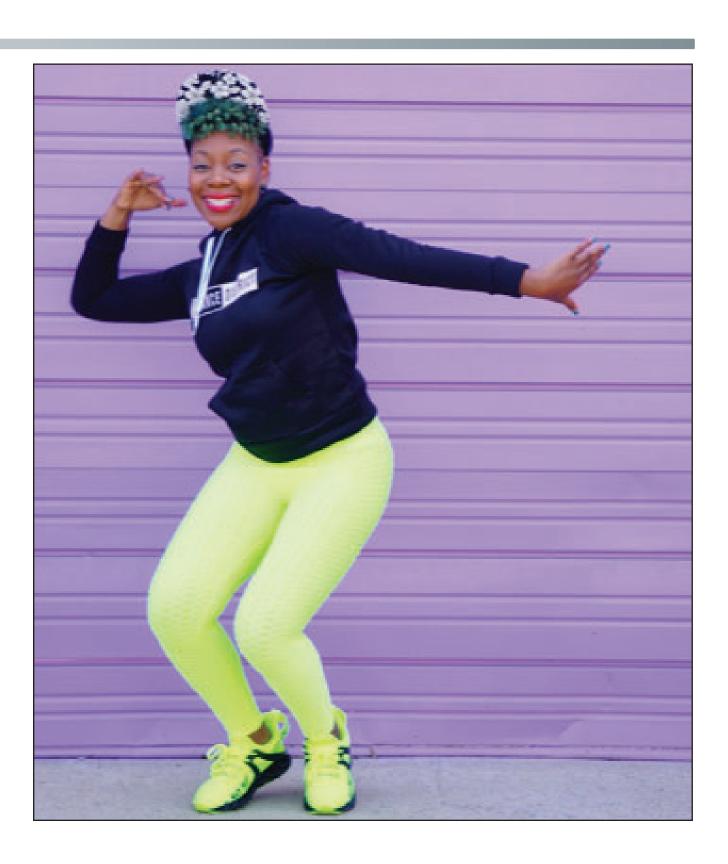
Amelie Cherepanov



Amelie Cherepanov is 11 years old. Amelie started her sport and dance career when she was 3 years old. She had been doing rhythmic gymnastics for 8 years and progressed from the recreational to the national level in 2018. She had great achievements and reached the top 15 national gymnasts in Canada in 2019, i.e. right before she focused more on dance and joined YYC Dance Project. She started ballet as a component of rhythmic gymnastics training in 2014 and fell in love with dance and ballet, which deeply affected her desire to switch to dance and ensured flawless transition. Amelie's ultimate goal is to become a successful professional dancer. For Amelie to be a successful dancer means to have physical and psychological strength, professional attitude, flexibility, and excellent balance, so she can move her body without falling and losing the sense of rhythm. Amelie does a lot of master classes with reputable dancers and instructors to improve her technical abilities and artistic skills. Amelie is looking forward to demonstrating her professional attitude, skills, and abilities in the upcoming dance competitions.

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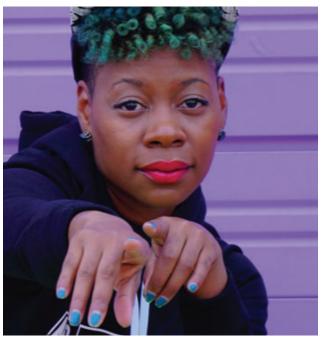


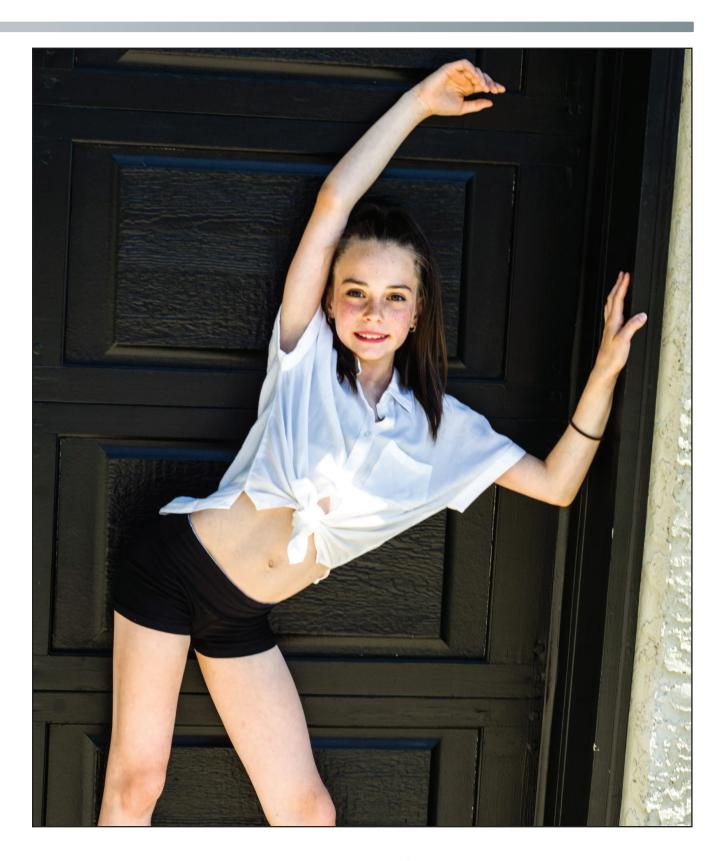
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Roxii Lee





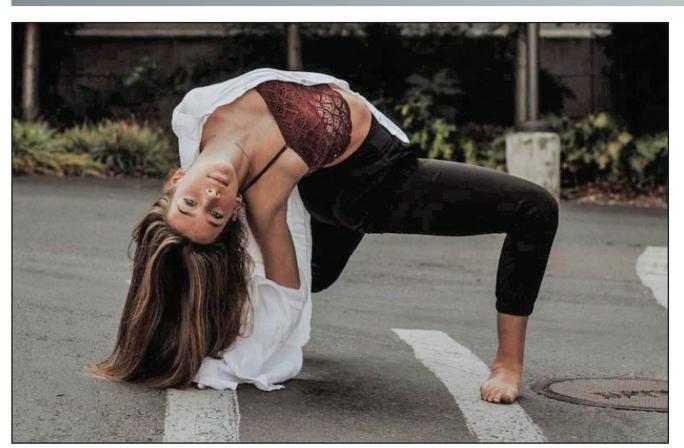




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Amélie Van Dooren

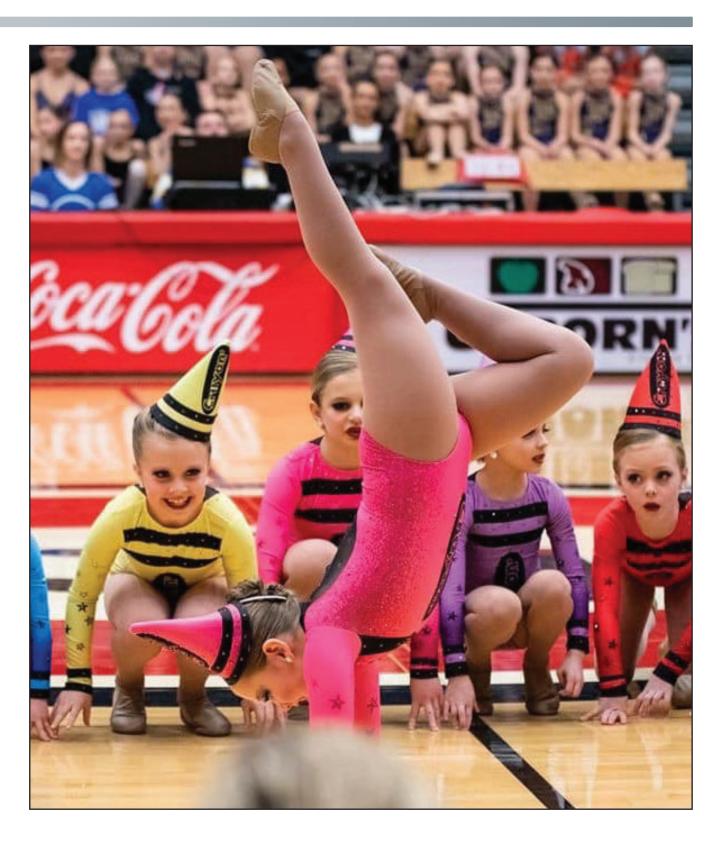


Amélie Van Dooren did not start out high stakes environment and Covid has brought the performing in competitive dance at 6 years old. adrenaline that comes with a arts to its knees. Like so many dance She did take ballet at a very strict state of take ballet at a very strict strict strict state of take ballet at a very strict s ballet only studio, and that was not a great experience for her because the culture was very much about having a traditional ballet body and becoming a ballerina. Being strong minded, even at seven years old, Amélie determined that she wanted to find a different environment in which to study dance. That lead her to a wonderful studio which incorporated jazz, contemporary and lyrical into her learning. She fell madly in love with jazz and contemporary, and was supported with kindness, collaboration and excellent training. Amélie was accepted to the studio's competition team, and there she caught the convention person has been exceptional. Since bug. She lives for the high energy, then, the world has shifted, and

diverse choreographers, industry professionals, and working dancers. When Amélie turned 13, she moved to the preeminent dance studio in the Seattle area, Allegro Performing Arts Academy. It was trio with Patrick Pulkrabek. Tiffany then, in 2019, at 13 years old, that she really understood the meaning directors of the Performing group, of professional training and the importance of relentless hard work, team support and dedication. Allegro taught Amélie the concept of "10,000 hours." The idea that excellence is not something one is is not about body image, or winning born with, rather, it's about the work. trophies, but about collaborative Within a year of training with the highly skilled faculty at Allegro, the growth in Amélie as a dancer and a

companies, Allegro has pivoted and found a way to keep these dancers doing what they love, both virtually and in extreme safe environments with masks and safety protocols.

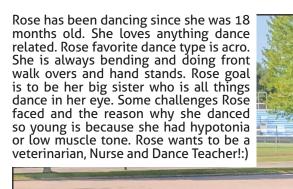
Amélie continues to grow, working with her mentor, Christina directors of the Performing group, and Tonya Goodwillie is the Owner of Allegro. Amélie is incredibly grateful to them, and anxious to get back on stage in 2021. She has learned over the years, that dance artistry, passion for the craft and the sheer joy of expression through movement.



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Rose







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Anjelica Scannura



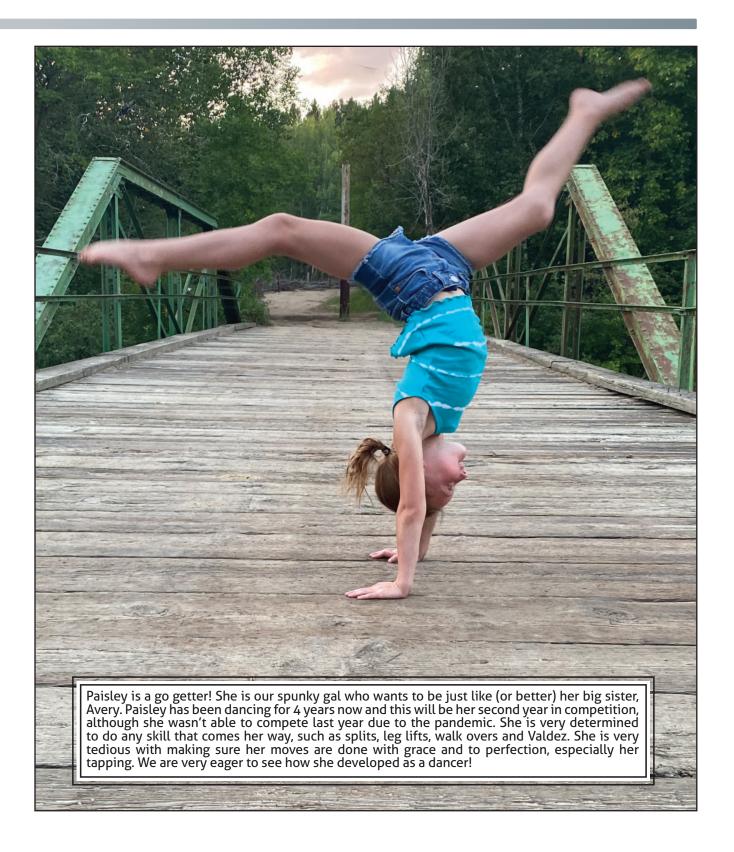
Anjelica Scannura highly accomplished choreographer, adjudicator and actress. An expert in the fields of flamenco and bellydance, she has performed and taught all over the world, including the USA, Spain, Malta, the Caribbean and the Middle East. She recognizes that in

is a 2019 (Best of the Fest recipient), dancer, and recently won a residency at the or and Broadway Comedy Club in NYC and was a semi-finalist in the Boston Comedy Festival 2020.

Anjelica is the co-Artistic Director of the family-run dance and music ensemble called Ritmo Flamenco addition to her passion for dance and has been the recipient of addition to her passion for dance performance, she has a propensity for making people laugh in her classes. She's always enjoyed story-telling, which led her to doing stand-up comedy. She is currently making waves in the North American ctand has been the recipient of many dance awards including: The "Marty" Award in 2018 for Outstanding Dance Artist, Bellydancer of the Universe Winner 2013, Bellydancer of the Universe Hall of Fame Inductee 2014, Paula

de Coreografia de Danza Espanol y Flamenco in 2013 which took y Flamenco in 2013 which took place in Madrid, Spain and several championship awards for Irish dancing. She has performed with the Toronto Symphony Orchestra, Canadian Opera Company, Thomas Dolby, and has also been featured repeatedly at Moses Znaimer's IdeaCity. Some of her Film/TV credits include: CTV's Satisfaction, TIFF 2009's Manson, My name is Evil, Disney's Camp Rock, CW's Reign, DirecTV's Rogue, Family Channel's Overruled, USA Network's Falling Water and most recently feature stand-up scene, performing in the Citron Fresh Blood Award, She was Water and most recently feature Burbank Comedy Festival 2018 and the only North American to ever film "Little Italy" starring Hayden

become a finalist at the Certamen



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Paisley Eiynck





Christensen and Emma Roberts, which can now be found on Amazon Prime. She will be using her dance talents in the upcoming role as a Spanish fencer with a temper in the CBC television series "Frankie Drake Mysteries" in 2021.

Anjelica is also the face of ZoomerMedia's health and fitness channel, ONE Get Fit TV, where she has her own critically acclaimed dance-fitness show "Anjelica's Dance Workout."

Also, she is the host, writer and choreographer of the new One TV show that will be released the highly anticipated Anjelica's 22-Minute Workout, also executive produced by Anjelica in 2019.

Review by John Doyle from the Globe and Mail about her dance/fitness show for ONE TV.

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"There oughta be a law about Anjelica Scannura. She can frighten the life out of the sedentary. Watch Anjelica Scannura and suddenly you're up on your hind legs doing shocking things, without even a doctor's note to say you're of sound mind and body to be attempting such things. "Anjelica Scannura is developing her own hybrid, and she is truly a representative of Canadian dance in that respect. Her dancing and choreography expresses

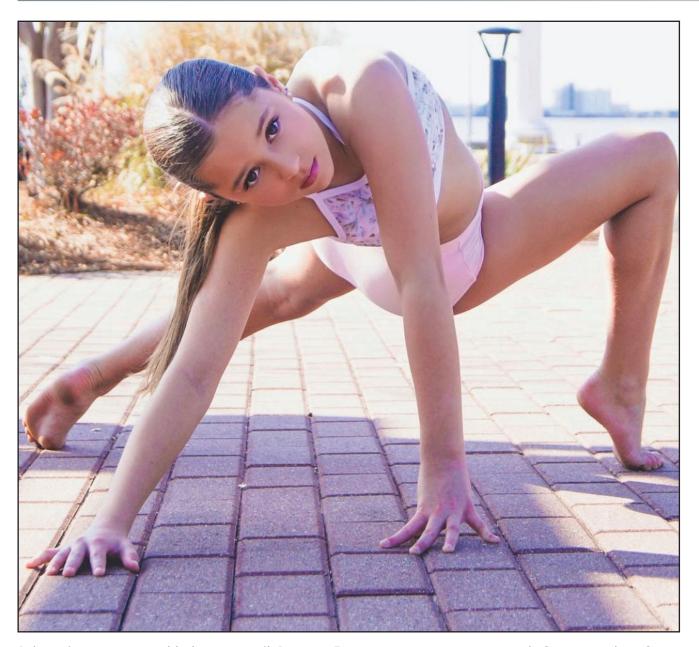
"Anjelica Scannura is developing her own hybrid, and she is truly a representative of Canadian dance in that respect. Her dancing and choreography expresses a country of immigrants where many styles collide together to take dance into New World territory." Paula Citron – The Globe and Mail

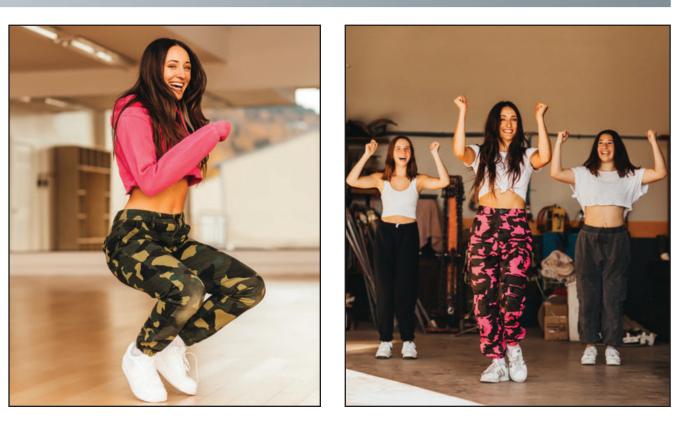
Photos Credits: Denise Grant (blue dress) Iden Pearce Ford (red dress)





Aubrey Frederick





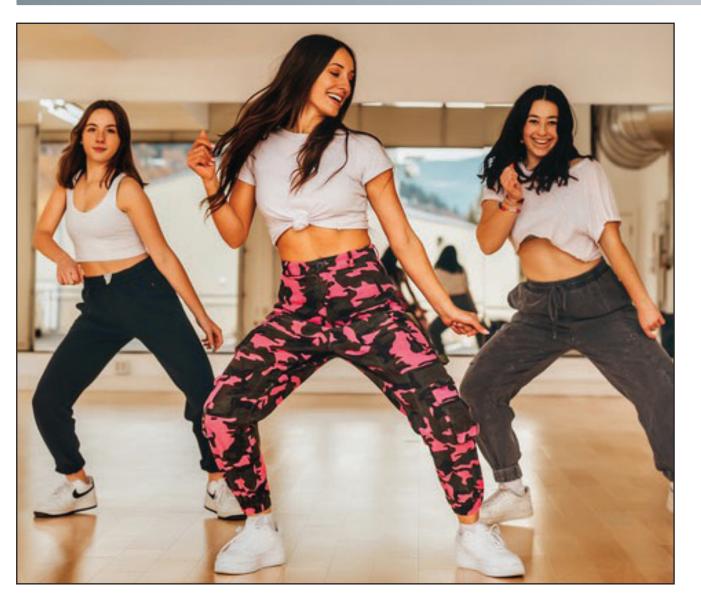


Aubrey is a 12 year old dancer from Lake Charles, Louisiana. She is a dance wear ambassador for CosiG and Carissa's Tutu Couture. Aubrey's home studio, Cathy Kurth Dance Academy, was destroyed by Hurricane Laura. The studio has not opened back up since the mandatory evacuation on August 25th and most likely will not reopen

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Nika Kermani



Nika is the founder and creative director of NK STUDIOS. A White Salmon native, Nika learned to dance and paint in the very community that houses NK STUDIOS. Influenced by her Persian heritage, she grew up dancing with her family. She danced at Columbia Gorge Dance Academy and later for the Trojan Dance Force at the University of Southern California. Drawing from her experience performing on the basketball court and instructing director of NK STUDIOS. A White Salmonnative, Nikalearned to dance and paint in the very community that houses NK STUDIOS. Influenced by her Persian heritage, she grew up dancing with her family. She danced at Columbia Gorge Dance Academy and later for the Trojan Dance Force at the University of Southern California. Drawing from her experience performing on the basketball court and instructing basketball court and instructing Zumba, she creates dance classes and choreography that energize Nika is dedicated to community and

medicine.

power of our community coming together to support each other.



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Avery Eiynck





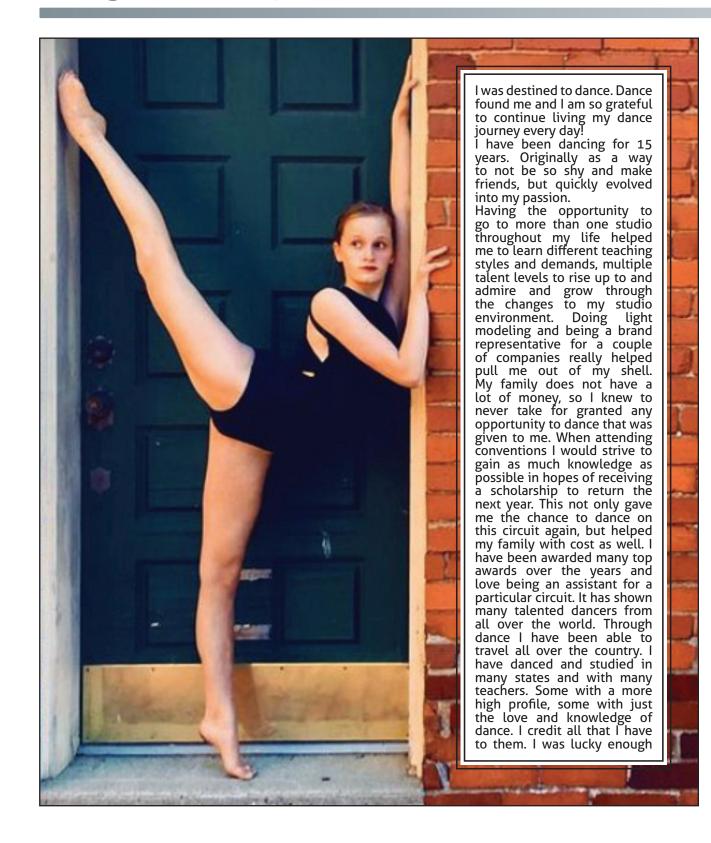
to perform in Las Vegas, train and study in Los Angeles performing at parties, CARNIVAL, and in a music video. I planned to get a BFA in dance but Covid-19 has that halted at the moment. I thankfully have been teaching locally for the past couple of years. I cannot possibly express the joy I have when seeing a student reach their goal. My favorite time with a student is during a private lesson. Watching them let go, give it their all, free from peer's eyes and really allowing me to help their technique and form is really special to me. I really enjoy choreographing as well! It has challenged me as a teacher and as a dancer. Different styles, different levels of dancers, staging and showcasing each student's ability has really pushed me, but is also very rewarding to see your vision come to life on stage! I hope to continue building and growing with my craft for as long as my life will let me.

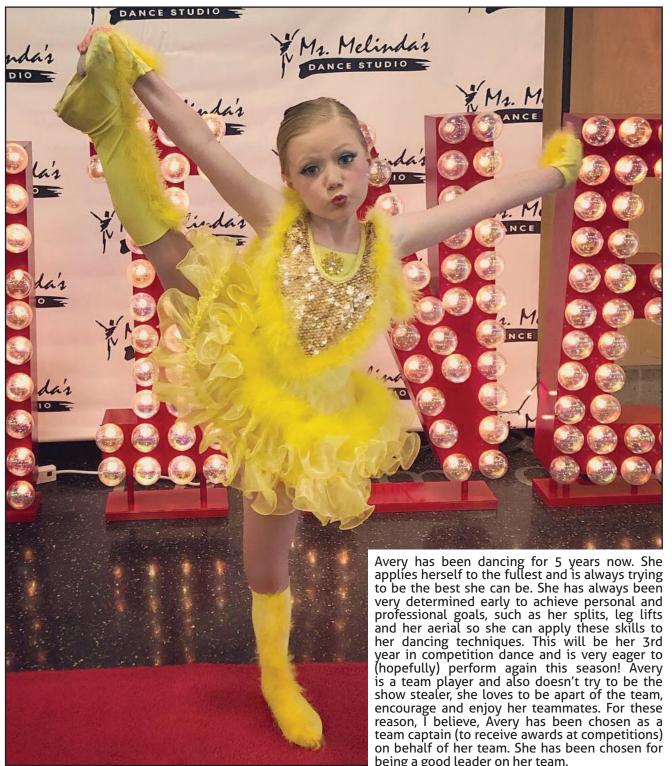
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Morgan Stanley





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being a good leader on her team.

Caitlin Beanan

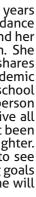


Caitlin Beanan (aka Cat) is a fierce dancer, choreographer, instructor and creator of "Confident Artistic Thrivers". Caitlin has dazzled audiences and dancers for years with credits including Natasha Bedingfield, Nia Sioux, Gigi Torres, Choreographers' Carnival: Brooklyn Jai, VidCon, Randi Strong Productions, Sony, Oracle Mitchell Gathering, Jordan Sparks and The Pointer Sisters. Caitlin



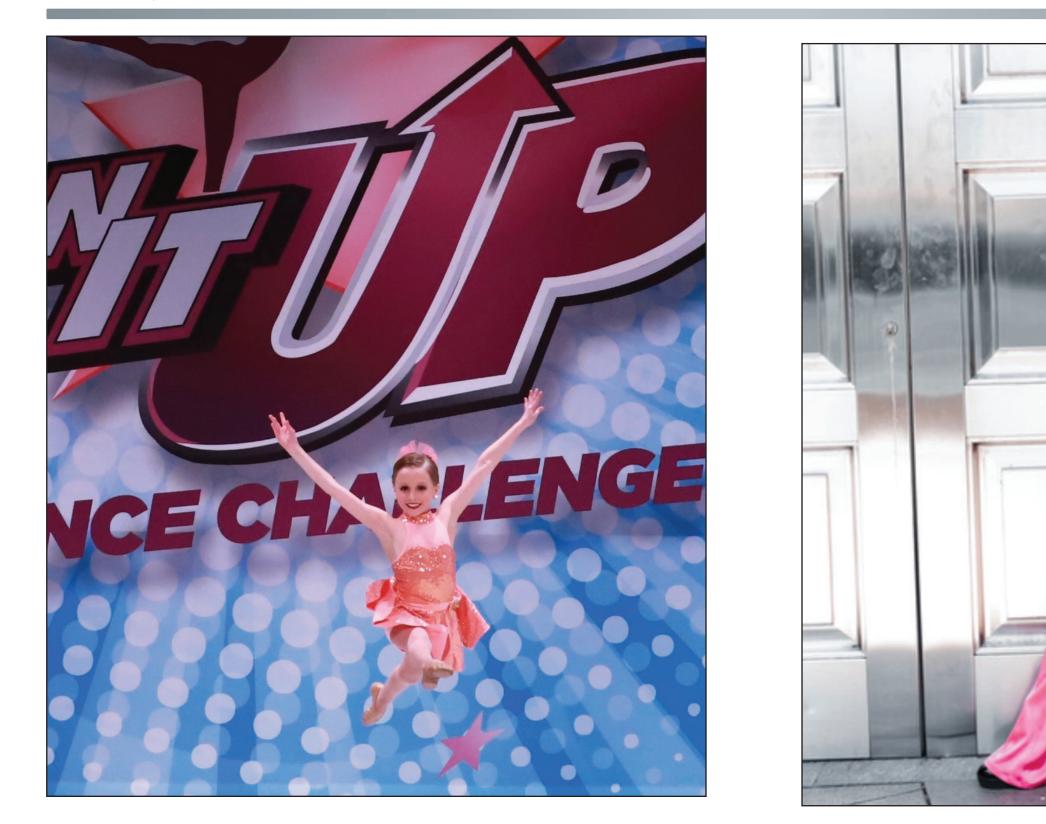
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Madelynne Pauna



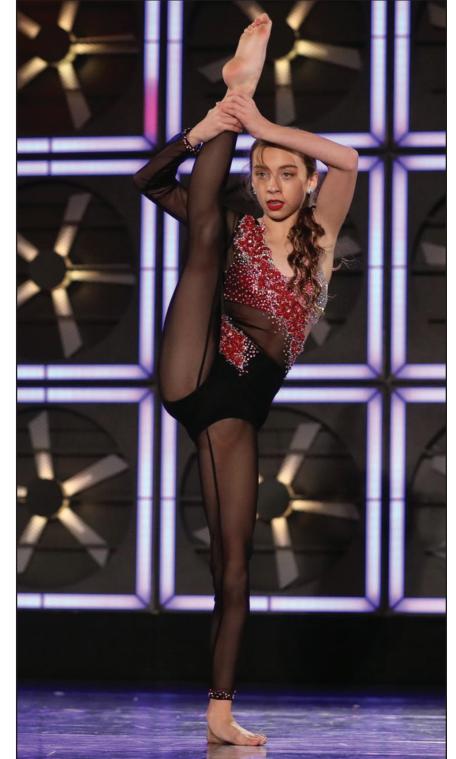


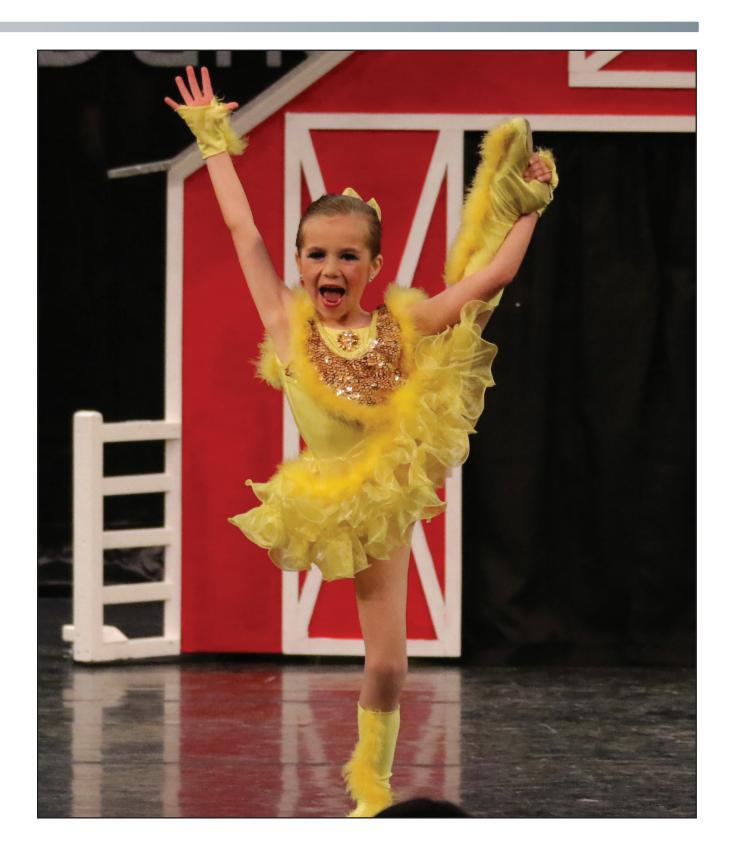
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Chloe Forsythe

Chloe is 12 years old from Tennessee! She has been dancing since she was 6 and competitively since she was 6 and competitively dancing since she was 7. She made her competitive debut with 1852 Dance Company in Lexington, TN and is continuing her dance career this year with Kim and Company Dance in Lexington, TN. Chloe is in the 7th grade, currently remotely learning from home and excelling in all subjects. She is in the dance studio between 20-30 hours a studio between 20-30 hours a week, sometimes on the weekends. When she isn't in the studio she's usually dancing at home. Chloe's best known for her flexibility and her willingness to help others. her willingness to help others. She has a very welcoming spirit. Chloe loves all animals and has 3 dogs; Buddy, Charlie, and Little Bit. In her free time, Chloe enjoys spending time with friends, socially distancing of course, and finding Netflix series to binge watch. She also takes gymnastics one day a week. She has achieved many top 10 awards with her solos duets and 10 awards with her solos, duets, and group dances over the years and also judges choice awards. Chloe plans to attend a dance school after high school, she is undecided which one she wants to attend at this time. Once she gets her degree, she wants to work as a choreographer wants to work as a choreographer and eventually open her own studio and teach tiny dancers all the way through adults. She believes there is no cut off age on dance. Chloe has found her greatest challenges over the course of this pandemic but also her brightest light in her dance teachers Kim and Sara at her studio. She also finds strength in her studio. She also finds strength in her teammates. Because of this, 2020 has been her most successful year yet.

A quote from Chloe to dancers who may be struggling during this time: "Even if you can't find a light no matter how hard you look, just know there is always a light. You are that light. Find your sound, find your balance, just move. Even if it's 2 inches, make sure you move forward every single day. Life Goes On."





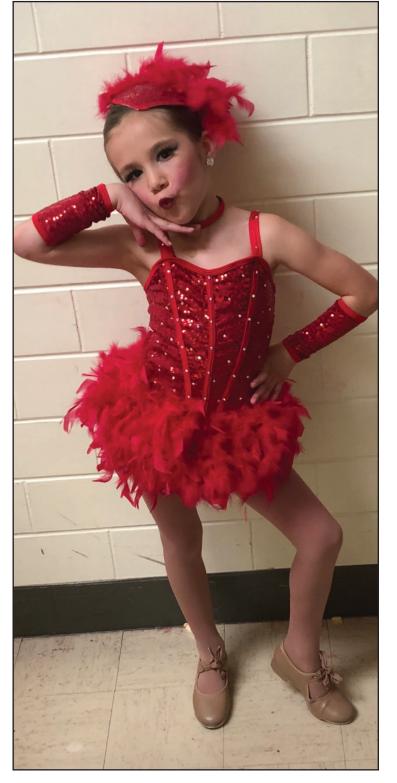
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Lucianna Waldoch



Lucianna (Luci) started dancing 5 years ago at Ms. Melinda's Dance Studio in Waite Park, MN. She has been in love with dance since the first time she strapped up her ballet shoes and did her first twirl. This is Luci's third year being on the competition team and her first year doing her own solo. Luci is very passionate about dancing, even when she is not at the studio she is constantly practicing her dances from her very own dance studio at home. Luci has one of the biggest hearts she is always looking out for others, especially her dance families. She lights up every room she enters with her infectious laugh and smile. One of Luci's goals for this upcoming year is already half way complete, being chosen to do a solo has been a goal of her's for over a year. When we received the email from the dance studio that Luci was wanted to do a solo, tears were brought to her eyes. Getting up on stage and showing the audience just how beautiful she can dance is the other half of her goal that she has left for herself yet this year. Luci constantly strives to be the best and her all time ultimate achievement is to make it to Broadway someday. There is not a day that goes by that Luci does not dance, dance is definitely a huge part of Luci's life.





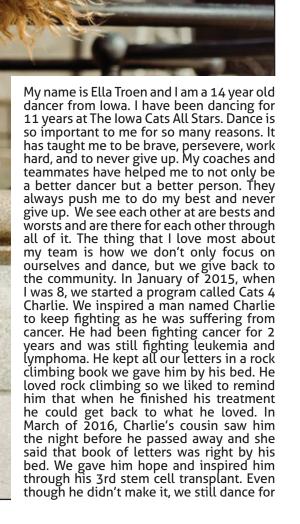


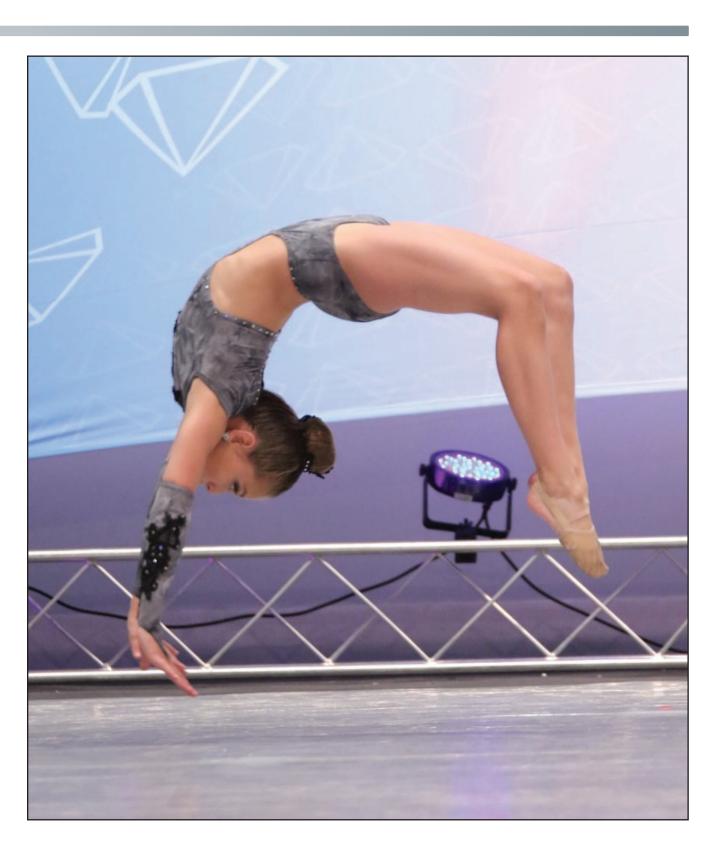
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Ella Troen





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Kyra Gonzales



When I dance I find relief. Relief from everything. I have thought about doing other things, but really nothing else gives me the same rush. There is power in dance. My mom says, she can see my soul when I dance. Maybe we just describe it differently, but in reality when are talking about the same thing. Dance makes me happy; I am happy when I learn something new, I am happy when my mom picks me up from dance, I just love to dance. Dance is hard work and it's worth it.

I began to get serious about dance when I was 7 years old and I joined the competition team. I attended my first dance class when I was 5, but at the time, I was still trying other activities. After everything else I tried; I always preferred to be at dance.

Being on team is like having a second family. My coaches teach me about working hard, they teach me about being a better person, as well as, being a better dancer. My teammates mean a lot to me. They teach me about treating people how you want to be treated and they make me laugh, which I enjoy the most.

One of my favorite accomplishments was winning 1st place in Carson City's Got Talent Show. The winning prize was \$500 dollars. This was the same year I wanted to attend the Broadway Bootcamp, IAMT, in New York City that I auditioned for and was accepted to attend. This year my mom told me it was not likely I would be able to attend, unless I found a way to help pay my way and I did!

him. In dedication of him, every year we do a fundraiser called Teachers and Tutus to raise money and awareness for leukemia and lymphoma. I am so thankful for not only my team, coaches, and things we do in the community, but the art of dance itself. I have been blessed to be trained at the Iowa CATS All Stars which has made me a well rounded dancer. My All Star Training has prepared me to dance in College as well as receiving scholarships at convention tours. At our most recent conventional tour we received best "nu" dance at NUVO dance convention. My team and I have placed 2nd at team and I have placed 2nd at UDA Nationals and been World bid recipients. Through the All Star Program I have been given the honor to dance in the 2021 Macy's Thanksgiving Day Parade. The opportunity's I have been given through the All Star Program is endless and I am so thankful for all the opportunities I have been all the opportunities I have been given. In the middle of 2020 I was diagnosed with Osgood-Schlatters in my left knee. It limited me from dancing and it was a lot harder to do things as I usually do. Still to this day I am pushing through the pain therapy to heal and strengthen my knee. After a few months of this condition in my knee I have started to work a lot harder, take more opportunities, and always do things to the fullest because you never know when something might change your ability to do things. Currently we are preparing for 2021 UDA nationals and working long hard hours to be the best we can be. I have lots of exciting opportunities coming up in the next month from being casted as Clara, the lead role, in the 2020 Nutcracker, to performing as a back up dancer in Des Moines Dancing With The Stars this December. I hope to pursue my passion for dance as I get older to show others my love for dance. I would love to be a model for your magazines and I hope you consider me to to work with you!

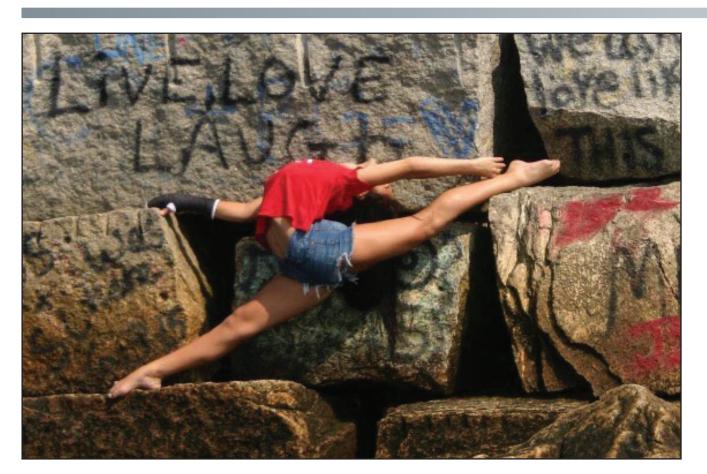
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Emma Parslow



There are so many great things about Emma and who she is its hard to decide where to start. Emma is someone who when she is dancing you are mesmerized by her beauty and grace.

The minute she steps on the stage you can't take your eyes off her. You're in aww with her beauty and passion while telling a story though dance.

Emma was 11 when she was asked by one of her friends to go to guest night at dynasty dance Centre and since then she has been dancing and loving every moment.

At the age of 12 Emma started to compete at local dance competition's. Her very first year competing she won several first

at both regionals and nationals. Emma even competed one competition with a broken foot and still won first place overall highest score for her solo body love. This last year has been a very tough vear for Émma.

On her way to Tennessee to Emma and her choreographer compete in her very first USAFS Natasha Adams have already competition She got the call that started to work on her new solo for they had canceled that competition. Unfortunately all the USAFS competitions have been cancelled It will be one of her most challenging for the year. That was so devastating and difficult solos ever. Natasha has to Emma and her teammates ,as some of them like Emma, this would have been there first time on the While Emma's passion is dance she big stage...

not let it get her down. With all the to go to college for nuts medicine. new regulation's and restrictions maybe a Neuro surgeon someday. place's and overall high score Emma has handled it with a positive awards. Many judges choice awards attitude and smile. With the

pandemic still going on Emma was able to compete her solo's in a few local competitions.

It was so nice to see her on stage and able to do the thing she loves the most.

this years competitions.

been emma coach since she started.

is still makes sure her school work comes first . Emma is an honor roll With this covid pandemic Emma has student and someday would like



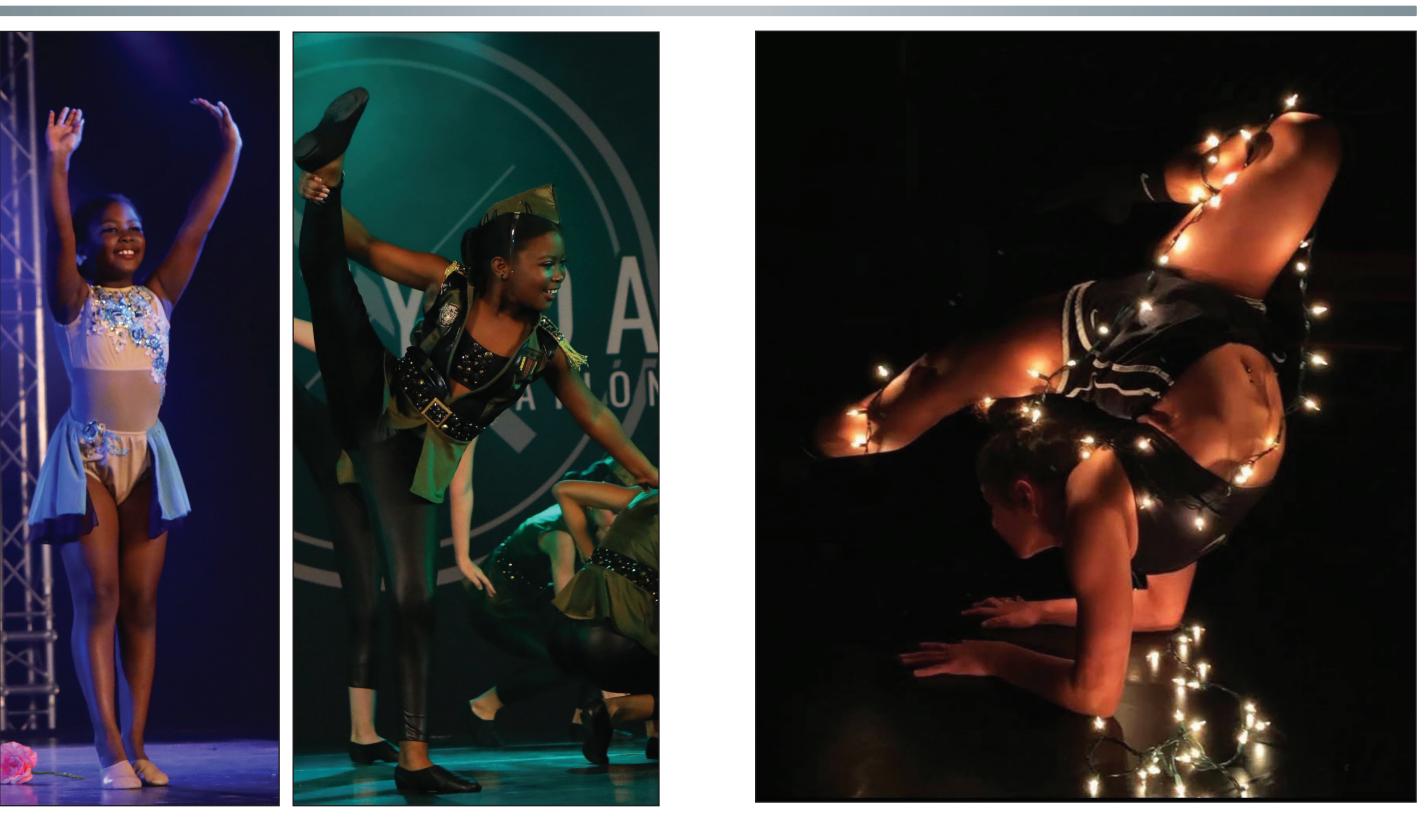
Kyla Dana Patrease Wooten is the most enthusiastic and joyous child you will ever meet. She radiates positivity at home, school and in her community. Kyla is smart, kind and caring to all people. She was one of the recognized students for "Student of the Month at her school" watching Kyla dance. I don't have dance, Kyla has received several scholarships from conventions. Kyla

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City, Missouri for 5 years, with 3 years on the competition team. All of Kyla's dance teachers as well as

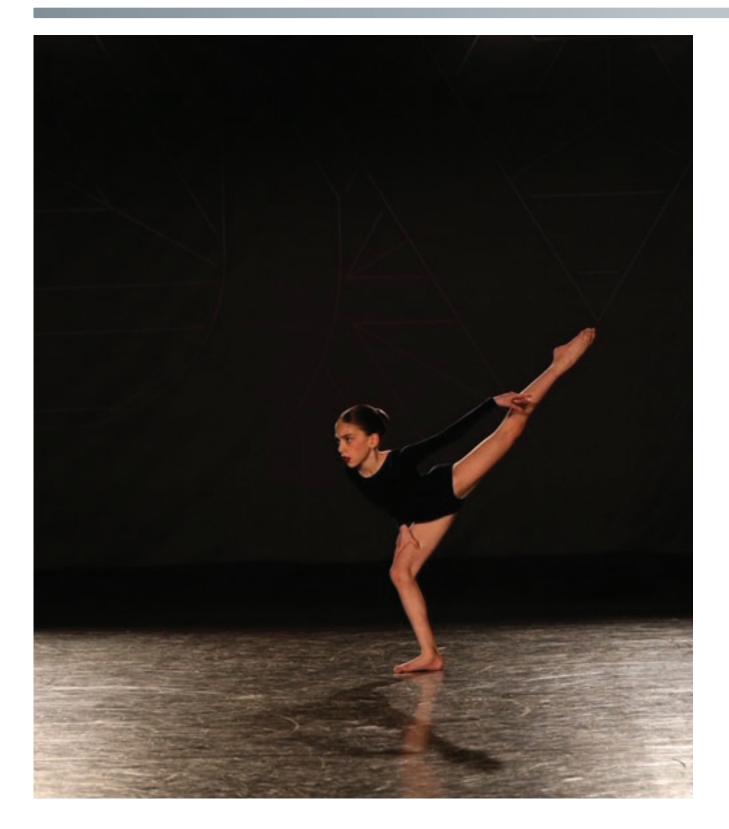
has been dancing for Priscilla and Dana's School of Dance in Kansas school, family and serving her community. She is active in church and she gives to the homeless. Kyla has volunteered for community service which included: painting flower pots for the nursing home, "Student of the Month at her school in October. The November 2020 Adrenaline Convention awarded Kyla a City Crew Scholarship. Over give 100% effort or remind her the november 2020 at a students for an urban of the november 2020 and painting murals for an urban give 100% effort or remind her the november 2020 and painting murals for an urban and dancing are amongst many of the past 3 years of competition of her commitment. At the very her talents. Traveling and reading young age of 10, my daughter has non-fiction, historical fiction books shown extreme focus, commitment are some of her regular hobbies.

Kyla Wooten



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Gabriela Tarbay





My name is Karina Komanapalli, and I wouldn't be the person I am today without dance. I am a dancer at Kelley Ann Dance Center, and am so grateful for my teachers and other dancers there. I was mainly trained in classical ballet, but I am also trained in contemporary, jazz, tap, and musical theatre. I have also been in many school musicals and productions throughout my life, which I wouldn't have been able to do without my dance background. Notably, I was the student choreographer for our school musical my freshman year of high school. I can't imagine my life without dance. It has shaped me into a stronger, better version of myself. I am so passionate about dance that I plan on becoming a dance teacher so I can help inspire the next generation of dancers. of dancers.

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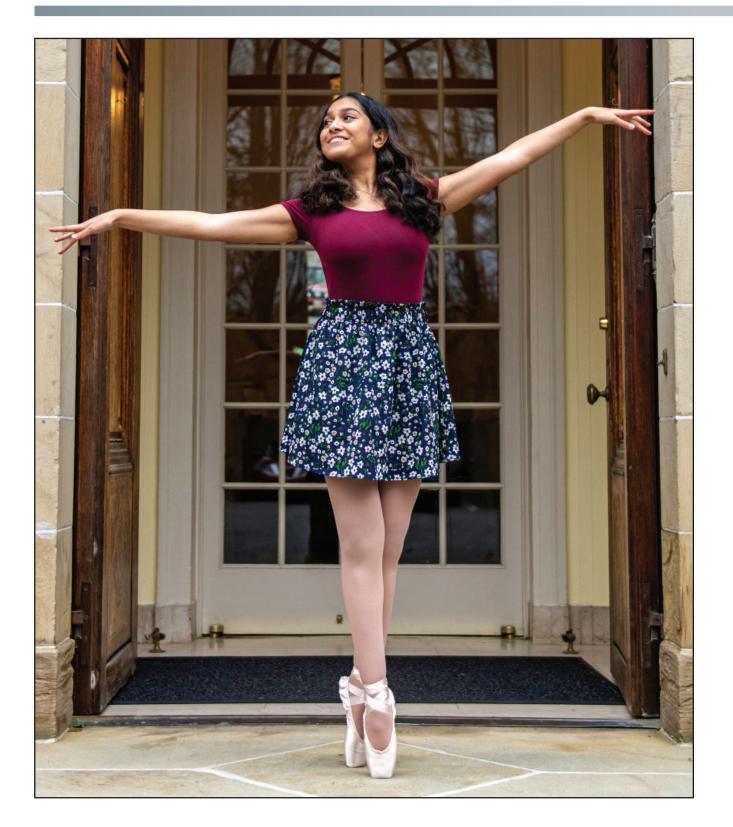
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Karina Komanapalli





Gaby started to dance when she was 4 years old. Her passion for dance is so inspiring because she has been always very professional despite her young age. Gaby gets ready everyday and makes sure she's always on time to her classes. She practices everyday and she stays motivated even though she has to do it from home due to COVID 19.

Gabriela is very fortunate to have amazing teachers and to be part of YYCDP which is so far the best training in Calgary. Gabriela had compite in different dance conventions and she had always stand out in each of her performances. Ballet is one of her favourite classes and she's very excited right now as she just started to train on pointe shoes. She wishes to be able to attend in person, next year, new dance conventions and to learn from international teachers as well as well.

She misses being with her team and enjoying the excitement of being on stage again.

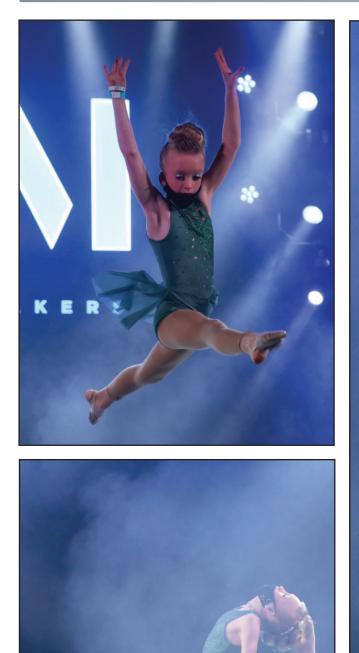
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Gracie Humphrey







Kailey Kennedy O'Donoghue September 25, 2005

Kailey started dancing at age 3 and focused on ballet for 5 years. At age 8 she started competing and discovered her love for contemporary dance. At 10, Kailey joined YYC DANCE PROJECT, an elite dance team that is partnered with the School of Alberta Ballet. Kailey has danced and competed across North America, including Los Angeles, Toronto, Seattle and Portland and she has been recognized with many high level awards.

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Kailey performed in the Alberta Ballet production of Nutcracker and the Calgary Stampede Grandstand Canada 200 Show. Intent on taking her work to the next level Kailey worked with master teachers Michelle Dawley, Mary Armstrong and Lucy Valley and she dances daily, melting into the joy of movement.

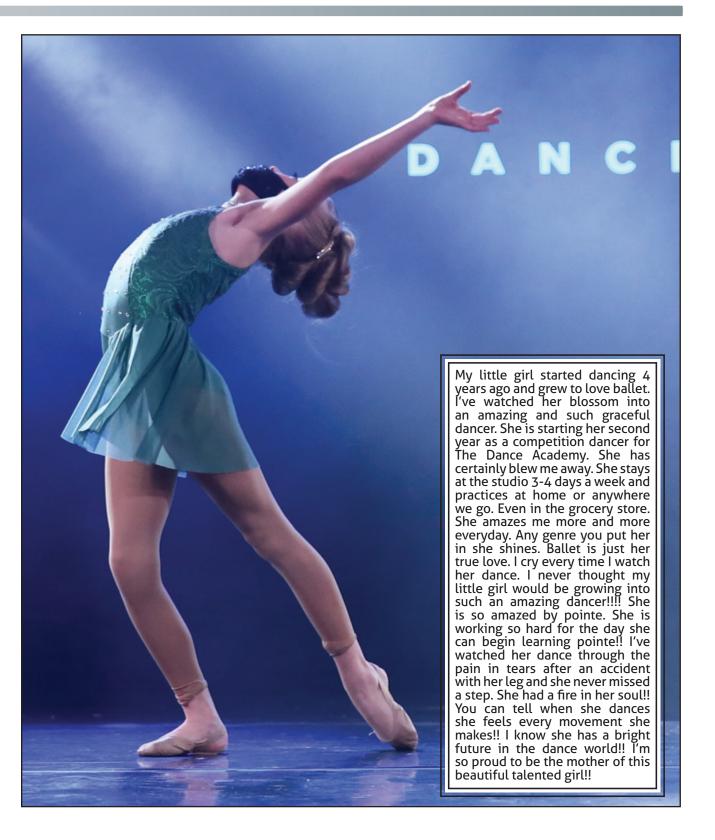
Currently Kailey dances with YYC DANCE PROJECT and her passion is expressed in ballet, contemporary, lyrical and hip hop

Kailey Odonoghue





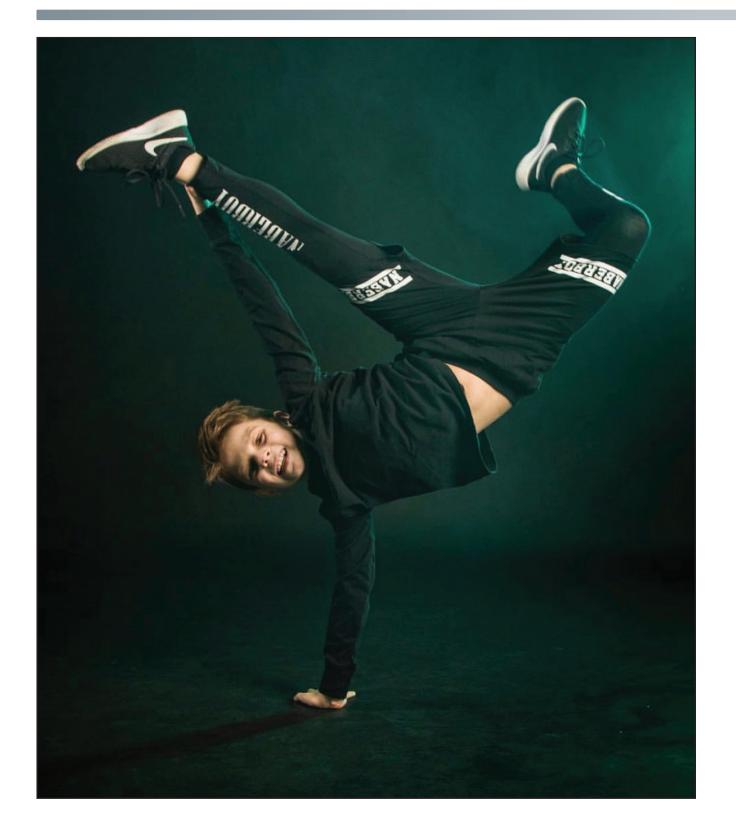




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Hudson Koonce





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Kadence Gilbert



Kadence Gilbert is an aspiring young dancer who desires to perform professionally and own a dance studio. But there is more to this 11 year old than meets the eye. At age 6, she was diagnosed with Type 1 Diabetes. She spent a week in the hospital with her parents learning how to manage diabetes, but she was determined not to allow it to affect her dreams. She has 2 devices she must wear on her body at all times - a CGM (which keeps track of her blood sugar levels) and an insulin pump. A large part of her day is spent monitoring and adjusting her insulin and carb levels to keep herself well. If her blood sugar drops too low, she can suffer side effects such as confusion, dizziness, headache, loss of coordination, and fatigue. If she doesn't stay on top of it, a really low sugar could cause her to lose consciousness. When asked how it feels to have a low blood sugar during dance class, Kadence said, "I just don't feel good at all. Sometimes I get a headache from it being low and on top of that, the loud music is playing too." And because she is active, she has to monitor her blood sugar even more closely because activity has a direct effect on low blood sugar. If her sugar drops during class, an alarm goes off and she must stop to eat some carbs and wait for it to return to normal before resuming activity. Yet she continues come true. to press on and work on her dance daily. She's in class

3-4 days a week, but her feet never stop moving. If she's sitting still, she's practicing tap with her feet. She dances her way from room to room in her home and spends most of her free time honing her dance skills. Kadence is a dream student in class. She works hard both in and out of class to perfect her performance. She's very accepting of critique and works until she masters the step. She also sets goals for herself. She has worked hard on her jumps and turns and keeps setting new, higher goals for herself each time she meets one. Kadence began competitive dance at age 7 and has won many awards as a soloist as well as in groups. Her favorite subject is tap, but she also excels in ballet, jazz, musical theater, modern, contemporary, acro, and anything else she can find time to do. She is determined not to let her Diabetes slow her down. She, in fact, loves dance so much, her halloween costume this year was a competitive dancer. I asked her what she loves most about dance, and Kadence said, "I love dance because when I dance, I feel free. It helps me let go of other stuff and focus on dance, and I don't know what I'd do without dance in my life." I could not be prouder of her as her studio owner, instructor, and aunt and know she will succeed in making her dance dreams



Hudson is newly 13 years old and is very small for his age. He began dancing at 5 and loves performing for crowds - he is best on a stage with an audience. He has a love for live theater and dance and recently has been doing voice lessons, he wants to be a triple threat in the industry and has his sights set on acting and dancing possibly on Broadway.

His challenge is that he IS so little, he is the same age as the boys on his junior all-male hip hop team but representation for 2 years and has almost did not make the cut simply because of his size. His performance hoping to dig in and take it to the

singing and dancing.

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family were a featured family on Disney's Fam Jam - aired October 16, 2020. This gave Hudson the film and television experience he has desired and has inspired him to do more. He has a talent manager who is working with him to help him pursue his ultimate goals of acting

He has had management done several commércials, but is

next level as soon as the country is back to work in the entertainment

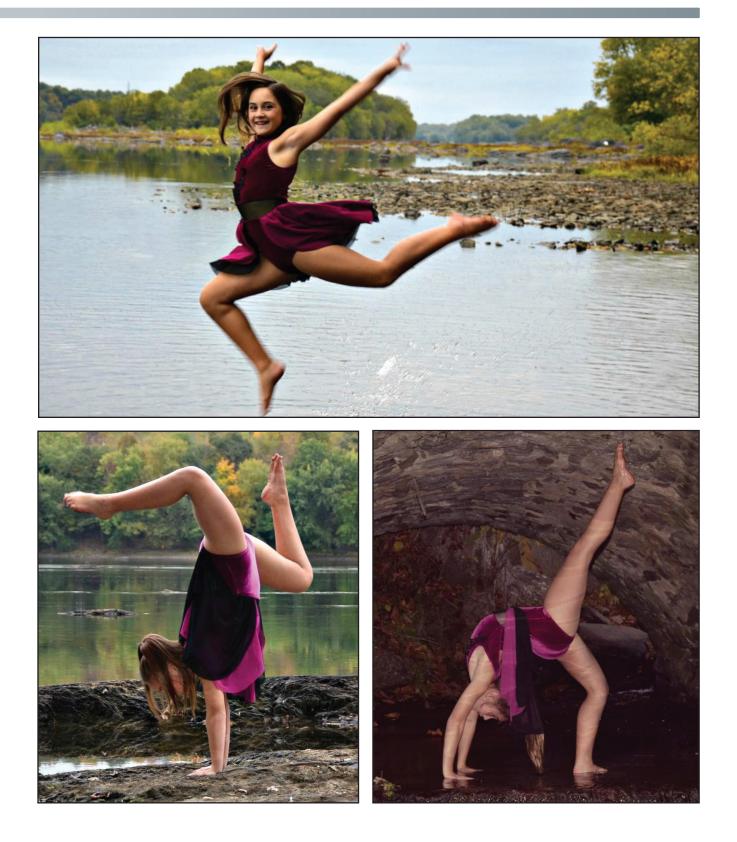
industry full force in the spring. Hudson does 4 competitive dance teams at his studio and does convention dance whenever possible. A few years ago he won a Monsters Dance Scholarship to LA to train and he wants to do that again soon.

Hudson's goal is to get out to LA and NYC soon to train and continue to audition for roles that can incorporate his dancing, singing, and acting!

Jacey Lynn Lahey



Jacey Lynn Lahey is ten years old. She competitively dances with Allison's Dance Company. She has been dancing for a little over one year. Prior to dancing, she was a star soccer player. In her last season of soccer, Jacey and her team had an undefeated 9-0 season. She led her team in assists season. She led her team in assists and was also the team's 2nd highest scorer. Jacey absolutely loved soccer but had always wanted to try dancing. So in August of 2019, she was enrolled in Allison's Dance Company and the rest was history. She absolutely fell in love with dancing. She continued to play soccer for about three months but knew if she wanted to dance and dance competitively, that she would have to competitively, that she would have to choose soccer or dance. Jacey chose dance. With no dance experience, she knew that in order to be on the competition team and dance at the competitive level, that she would have competitive level, that she would have to work twice as hard as the other girls. Unfortunately, six months after starting dance Jacey was hit with two tragedies in the same week. In February of 2020, he older brother was diagnosed with Epilepsy and Jacey broke her radius and ulna while practicing her side aerial. Jacey's break required her to have surgery. A rod was placed in her radius to help stabilize the bone. It took about four months to heal completely. During those four months. Jacey During those four months to heat completely. During those four months, Jacey continued to dance, but on a restricted level. She continued working on her flexibility and towards her ultimate goal of competitive dancing. After she was cleared to return to dance, she was on a mission, she wanted to come back and be better than she was before her injury. Jacey had a few struggles in the beginning with fear and anxiety about reinjuring herself, but with the support of her family, friends, teammates, and dance instructors, she overcame and dance instructors, she overcame her fears and is now better than ever. Since starting dance, Jacey has won Starquest's Miss Photogenic 2020 and Miss Infinity Pennsylvania 2020. In December 2020, Jacey competed in her 1st dance competition with ID Dance. She won iconic platinum and 2nd place overall. Jacey's hardwork, perseverance, determination, and overall love of dance will take her places! She will be a STAR!



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